

Greetings

Procrastination is the thief of time. It's so easy to put off doing things we know need attention. We make excuses we don't want to do it, we aren't in the right mood, it's best to leave it until the last minute, as we work better under pressure. Maybe we just forget. It seems that one in five of us is a habitual procrastinator. After all, who wants to rush to fill in that tax return?

There are of course strategies. To-do lists can keep us on track. Include a few easy tasks you were going to do anyway, to make yourself feel better. Break up the big tasks into simple steps you can manage, so avoiding feeling overwhelmed. If you feel procrastination creeping in, just force yourself to spend a short while at the task, then take a break. Get rid of the many distractions - Instagram, Facebook, keeping up with the news - all so attractive. Set up a reward system, so that when you have completed a task you can treat yourself to something you enjoy. If you are prone to procrastination, changing your habits can require greater effort than actually completing a task, but facing up to the problem can relieve the pressure in the

Welcome to the July Westerly. Please don't delay in reviewing what's in store in our local communities. There are new groups meeting at the Headquarters building, to add to the many activities already run by the Connected Neighbourhoods Trust. See what is happening during the school holidays at Te Manawa. Do you fancy the inner peace available through meditation? Read about what our local MP says about investment in education, and learn about the challenge the pupils at Scott Point School undertook as an alternative to arriving at school by car. Have you heard of the local long-distance runner heading to France to compete in the World Championships? Check out the local achievements of the local council.

As usual we have our regular topics, with Graham's property column, suggestions around housing and maintenance, pets, food and health, and articles from our area columnists. If you have an enterprise you would like to share with the local communities, please get in touch. Be sure to check out our advertisers, and please let them know you read about them in the Westerly.

Best wishes for July. John, Editor

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Please get in touch with Gabrielle today editorial@thewesterly.co.nz

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People & Places

THEWESTERLY.CO.NZ

Freedom Drivers -Hobsonville



Personal driving service for Hobsonville, Whenuapai, Riverhead, Kumeu, Huapai, Waimauku, Taupaki, Massey and West Harbour.

Getting out and about and doing the things you have always done is an important part of keeping independent. Freedom Drivers Hobsonville, owned by long-time local Paul Miller, offers a safe, trustworthy and caring service that is about a lot more than just transport.

"We love to support the local community and our service is designed to provide personalised transport and assistance to anyone needing a bit of extra help getting from A to B. We specialise in driving seniors on trips covering a wide range of outings including the usual medical and business appointments as well as shopping or just a nice afternoon out with a friend or two," says Paul.



Paul Miller

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Freedom prices are competitive and comparable to (and often less) than other options or standard taxi services. Our service is highly personalised with a convenient pick up and drop off at your door. We always escort you to the car and to your destination and we always go 'the extra mile'. We take Total Mobility cards (TM) and we are ACC Registered Vendors. Our drivers are fully licensed, and NZ Police checked for your protection.

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To find out more please give Paul a ring or a text on 021 321 869 or email hobsonville@freedomdrivers.co.nz.



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We welcome all Members and quests of reciprocal rights clubs. New members welcome to join at any time. Darts, Pool & Gaming Lounge available.

OPEN Wed - Sun 3pm to close. Dining Room open Wed - Sun 5pm to 8pm, group bookings welcome, lunch group bookings for 20 plus by arrangement

• Camper Vans welcome to stay (bookings essential) · Facilities available for private functions,

work meetings, small conferences **Contact Manager for further information & costs**

THE SMALL RSA WITH THE BIG HEART

Community groups available in Hobsonville

The Headquarters and Sunderland Lounge, Hobsonville, is home to over 50 regular groups that are available for anyone to attend. With a wide variety of social groups, recreational activities, fitness classes, faith-based groups, educational classes, support groups, children's classes, markets and more, there's something happening here for everyone.

We've recently had the following new groups join us here at our venues:

Jumping Beans - Physical activity programme for children under 5 years of age, these classes offer active learning and gymnastics to babies and preschoolers alongside their parent or caregiver.

Holistic Baby - Offering antenatal classes that take a holistic approach to the wellbeing of babies, mothers and families.

Music 4 Minis - Interactive, educational and fun, these sessions combine singing, rhythm, movement and dancing for babies and toddlers up to 5 years of age.

Around The Block - Pattern making and sewing workshops that enable you to get creative, upcycle & repurpose clothes or create customised garment patterns. Imperfect Parents - Facilitated support groups for new parents that prioritise wellbeing and are inclusive of all

whanau structures. Stamp Happy, card making classes - Fun evening classes provide an opportunity to have fun, get creative, learn new card making techniques and make new connections.

Stronger Together, Mental Health Support Group - This is a free support group providing a dedicated safe space, designed for sharing experiences, gaining support and building a caring community.

Refresh By Britt - A monthly 'Donations Giveaway' where everything is free. These are held on the first Wednesday of every month and include a great selection of kids toys and clothing, homewares, adult clothing, kitchenware and more

To find out more or to download our latest flyer with all regular groups, visit neighbourhoods.nz/whatson





People & Places

Don Oliver Youth Sport Foundation



Applications now open:

Don Oliver Youth Sport Foundation supports West Auckland's Rising Athletes. The Don Oliver Youth Sport Foundation is now accepting applications for its

2025 scholarships. The foundation supports promising young athletes from West Auckland aged 14 to 21 with financial assistance and guidance to help them excel in their sport. Since 1996, it has helped over 300 athletes reach national and international levels. Scholarships of up to \$5,000 assist with costs such as coaching, equipment and travel. This support often makes a critical difference. Chairperson Maurie Abraham, a long time educator and former Hobsonville Point Secondary School principal, says the foundation plays a key role in keeping youth engaged in sport. "West Auckland has outstanding sporting talent, but many young people face financial barriers. Sometimes all they need is a bit of extra support," he says. Applications are now open for youth athletes, along with nominations for the Pat Heron Award, which recognises anyone who has made a significant contribution to youth sport in West Auckland.

A record of success - In 2024, three current and past recipients of Don Oliver scholarships represented New Zealand at the Paris Olympics. Since the foundation began, at least one of its alumni has competed at every Olympic or Commonwealth Games.

Seeking local sponsors - The foundation relies on support from the local community and businesses. Sponsorships are available at four levels: Gold, Silver, Bronze and Friends of the Foundation. Each includes benefits such as branding, recognition at events and ways to connect with the community. All contributions are tax deductible.

To apply for a scholarship, nominate someone for the Pat Heron Award, or become a sponsor,

visit www.donoliver.org.nz



Blowers & shredders

- with STIHL SHOP Westgate

While autumn is the season you'll use your blower most, it's a helpful tool for clearing dirt and debris year-round. From tidying-up the courtyard ahead of visitors to clearing gutters and leaf litter, STIHL has a model for every garden, and every gardener, including professionals.

When considering the right blower for your outdoor needs, two critical factors will inform your decision:

- 1. The size of the area you need to maintain.
- 2. The type of material you will be shifting.

For extensive areas, a battery blower's run time becomes a vital consideration. While they offer the convenience of cordless operation, cheaper models may not sustain the length of use required for larger spaces. In such cases, opting for a more powerful model that promises a longer run time can significantly enhance your experience, ensuring that you can complete the job on a single charge or alternatively you may need two batteries.

The nature of the debris you're dealing with is equally important. Lighter, dry material like leaves and grass clippings can often be managed with a less powerful blower. This can save you on costs and weight, making for a more comfortable operation. However, when faced with heavier, wet debris such as damp leaves, twigs, or mulch, a blower with more power is essential. Higher power equates to greater air velocity and volume, providing the force necessary to move stubborn, wet materials effectively.

Another option to bear in mind is a blower vac, a versatile garden tool that serves a dual purpose. While it efficiently blows away leaves and debris like a standard leaf blower, it can also vacuum and mulch the same debris, collecting it in a bag for easy disposal or composting. This two-inone functionality makes it a useful asset for gardeners, allowing for seamless transitions between cleaning modes and ensuring a neat and tidy garden space.

To sum up, for large areas or tough, wet debris, invest in a blower with ample power and extended run time to ensure a thorough and satisfying clean-up. For smaller, drier tasks, a lighter, less powerful blower should suffice, offering convenience and ease of use.



The Importance of hazard management for a business

Hazard management is a critical component of any successful business strategy. It involves identifying, assessing, and controlling risks that could cause harm to employees, customers, assets, or the environment. Effective hazard management not only safeguards the well-being of individuals but also ensures operational continuity and legal compliance.

One of the primary reasons businesses must prioritise hazard management is to protect their workforce. Workplace accidents can lead to injuries, fatalities, and costly legal actions. By proactively addressing potential hazards—such as faulty equipment, chemical exposure, or unsafe work practices—companies create a safer environment and boost employee morale. Financial stability is another key benefit of hazard management. Accidents can result in direct costs such as medical expenses and fines, and indirect costs like production delays, reputational damage, and increased insurance premiums. Preventive measures can significantly reduce these risks, preserving both profit margins and long-term viability.

Furthermore, regulatory compliance is a legal obligation. Businesses must adhere to occupational health and safety laws and standards specific to their industry. Failure to comply can lead to penalties, lawsuits, or shutdowns. A structured hazard management system demonstrates due diligence and helps meet these requirements. In addition, an organisation known for



Businesses must now have an effective Health and Safety culture with an ever-increasing personal liability for Business Owners, Managers, and exposure for Company Directors, Trustees, and members of Governing Entities.

Contact Securo's John Riddell, phone 0274 779 750, for practical advice, tools, and solutions for an effective workplace Health and Safety plan.

www.securo.co.nz 0800 55 33 44



strong safety practices can gain a competitive edge. It enhances brand reputation, attracts clients, and fosters trust among stakeholders. In summary, hazard management is essential for ensuring safety, legal compliance, and business resilience. Companies that invest in identifying and mitigating hazards position themselves for sustainable growth and success.

If you would like to learn more about Hazard management even setting up a Hazard Register, check out www.securo. co.nz, check out the video on YouTube, Securo Online Walk-through Video or contact John Riddell by email, securo4@securo.co.nz.

Value 5	Likelihood of Occurrence		Value	Potential Consequence		
	Almost Certain	Occurs all the time (occurs daily)	5	Fatality	Death / Impact on health ultimately tatal / environmental disaster	
4	Highly Likely	Likely to occur in the next year	4	Major Injury	Notifiable event / Irreversible impact on health / environment	
3	Moderate Possibility	Likely to occur in the next 1 - 2 years	3	Moderate Injury	Lost time injury / Reversible impact on health or the environment	
2	Slight Possibility	May occur in the next 2 - 5 years	2	Minor Injury	Medical treatment. / Exposure to major health risk / major environmental damage	
1	Rare	Unlikely to occur in the next 5 years	1	No / Slight Injury	No injury / First aid / Exposure to minor health risk / minor environmental damage	

100 Year celebration - churches in the Hall



Every Sunday two Churches take place in the Massey Birdwood Settlers Hall. One operates in the morning from 10 AM till 1.30 PM. The other operates in the afternoon/evening from 2.30 PM until 7 PM.

Both churches welcome new members. The Massey

Birdwood Settlers Hall prides itself on the fact that regular users have been hiring space for several years.

The morning Church can be contacted by phone 0210 246 8664 and ask for Pastor Simon. If you want to contact the afternoon Church email Pastor Laupata mikaelelaupata 2@ gmail.com. The Association is celebrating on 26 July with the church groups, martial art groups, St John, and Housie representatives, local dignitaries, and members of the Association, past and present, coming together to cut a cake and eat it, mix and mingle and raise a toast

If you want your group to have a secure home, email John Riddell, our secretary, at masseybirdwood@gmail.com.

Provide your name, your group name, times requested, contact phone number and full physical address.

People & Places

Waitemata Endoscopy is right behind Bowel Cancer Awareness Month

June was Bowel Cancer Awareness Month in New Zealand—a timely reminder of the importance of early detection, screening, and open conversations about a disease that claims the lives of more than 1,200 Kiwis each year. With one of the highest rates of bowel cancer in the world, New Zealanders are urged to take bowel health seriously. So let us break the taboo about talking about poo, as one is less likely to die of embarrassment, than from bowel cancer!

Bowel cancer, or colorectal cancer, affects people of all ages, hence Bowel Cancer NZ's 'Never Too Young' campaign to challenge this myth. Visit www. bowelcancernz.org.nz/never-too-young to learn more.

Bowel cancer often develops silently, with no symptoms in the early stages. Key signs to look out for include:

- Changes in bowel habits Blood in the stools or poo
- Unexplained weight loss, or Persistent abdominal or stomach discomfort.

Some patients may notice reduced energy levels and

a sense of fatigue due to blood loss. If you, your family or friends notice any of these symptoms, don't sit on it, get checked out right away, as the awesome good news is that bowel cancer can be curable if caught early. The best way to assess for bowel cancer is through a Colonoscopy (a flexible camera assessment of your colon or large bowel).

During this procedure, we also take great care to look for polyps. These are often small growths that form on the inner lining of the large bowel (colon). They do not usually cause symptoms. They are benign but some polyp types can be thought of as pre-cancerous, meaning they can slowly turn into cancer over time if they aren't removed. Thus, removing these types of polyps via a Colonoscopy is the best way to reduce your risk of bowel cancer.

Small changes can also lead to big benefits. Here are five everyday tips that can help you take control of your bowel health and reduce your risk of colorectal cancer!

1- Focus on increasing physical exercise 2- Reduce your intake of processed and red meats 3- Reduce your alcohol intake, 4- Quit smoking 5- Take in plenty of dietary fibre and wholegrains. Your health is worth it. Don't just sit on your symptoms, get checked, and make change happen.

Waitemata Endoscopy is proud to be part of the solution – offering expert care, state-of-the-art facilities, and a compassionate team dedicated to your wellbeing.

Dr Sam Seleq, Gastroenterologist & Endoscopist, MBChB 2014, FRACP 2021





1/4 of house fires start in the kitchen?



Making your kitchen fire safe is an important part of having a fire safe home. Here are some simple things you can do to reduce the risk of a fire starting in the kitchen

Keep your kitchen clean

- Clean your stovetop after each use. This prevents spilled fats and burnt foods from building up.
- Clean rangehood filters regularly.
- Keep a fire extinguisher and a fire blanket somewhere in your kitchen. Make sure you know how to use them.

When you're cooking

- Don't drink and fry. Alcohol is involved in half of all fatal fires. Instead, pre-prepare a meal, get takeaways, or use the microwave. Never attempt to drink alcohol or take medication that makes you sleepy when cooking.
- Don't leave the room when cooking. If you have to, always turn off the stove first. Unattended cooking is the leading cause of house fires in New Zealand.
- Keep curtains, tea towels, oven mitts and any flammable items well away from the cooking area when you're cooking.

Preventing scalds

Another big danger in the kitchen is scalds – burns caused by boiling water.

- Keep kids out of the kitchen or cooking areas when

you're cooking or preparing meals.

- Keep kettles, jugs and teapots away from the edge of benches, tables and stove top.
- Turn saucepan handles so they're not sticking out over the floor. Use the elements or hot plates at the back of the stove if possible.
- Make sure all upright stoves are securely fastened to the wall and keep oven doors closed, except when grilling as per manufacturers instructions.
- For advice on treating scalds and burns, visit the St John website (external link).

If a fire starts

- If your frypan or pot is on fire, place the lid of the frypan or pot or another large flat object (like a chopping board) over the pan to starve the fire of oxygen.
- If you have a fire in your oven, try to turn off the power or gas, either at the stove or at the mains.
- Never throw water onto a frypan or pot that's on fire.
- Never attempt to carry a burning frypan or pot outside.

Smoke alarms or heat alarms?

- Don't install a smoke alarm in your kitchen. Smoke and heat from cooking (and the toaster) can activate the alarm. Smoke alarms shouldn't be installed in the bathroom or laundry either.
- You can still protect these areas with a heat alarm. A heat alarm is designed to activate when the room reaches a set temperature. They are useful in places where a smoke alarm would usually give false alarms

Additional information can be found at

www.fireandemergency.nz/home-fire-safety

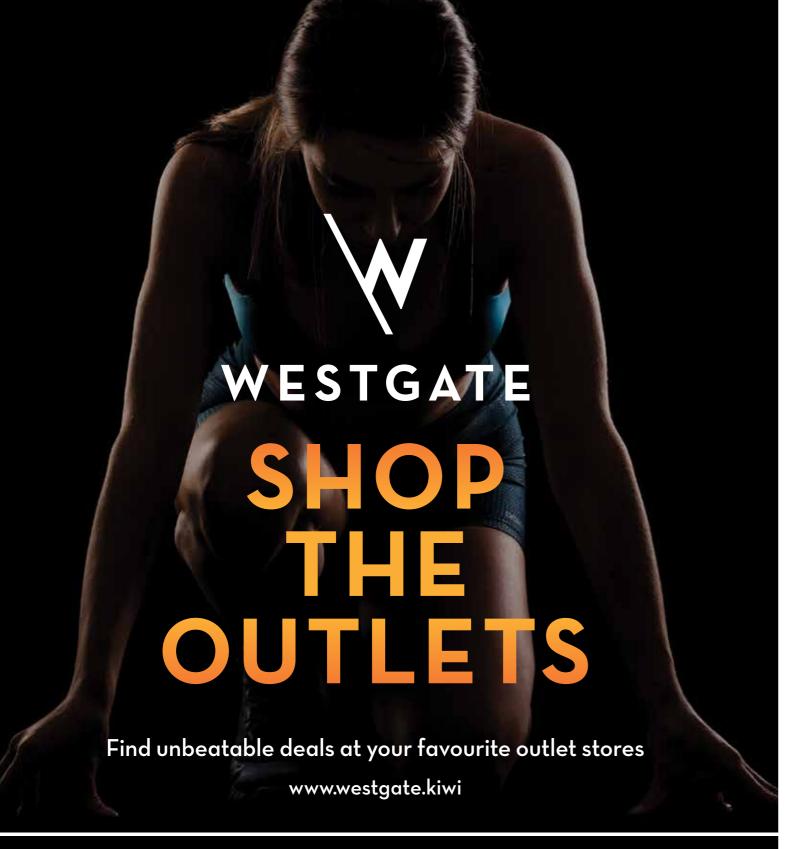


I hope this overview has provided some insights. If you need any advice or suggestions feel free to drop me an email or a call directly:

graham.mcintyre@ fireandemergency.nz

or 0276320421.

Graham McIntyre, Chief Fire Officer – Waitakere Fire Brigade







































The Team at House of Travel Hobsonville has won multiple awards at our annual conference and gala. We want to thank all our wonderful clients who have entrusted us with their travels near and far.

So why would you want to book with a travel agent?

We are real people for a start. Not an algorithm. Available online, on the phone or in person we'll build a great personal relationship with you during the booking process. And because we are real people we care. That's not something you'll find on a webpage.

Expertise and personalisation: Travel agents are experts in their field and can provide valuable advice and insider knowledge that you won't find online. They can help you find the best deals and provide personalised recommendations based on your specific interests, preferences, and budget. Whether you're planning a romantic getaway, a family holiday, or a solo adventure, we can help you create a trip that's tailored to your needs. We are also honest and won't take risks on impossible connections or dodgy airlines found on many popular websites.

Convenience: Travel agents can save you time and hassle by handling all the details of your trip, from booking flights and hotels to arranging transportation and activities. They can also help you navigate any travel restrictions or

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visa requirements, ensuring that your trip runs smoothly from start to finish.

Support: When you book with a local travel agent, you have access to ongoing support throughout your trip. If anything goes wrong or you need assistance, your we're is just a phone call or email away. We can help you with emergency situations and provide peace of mind knowing that you have someone on your side.

House of Travel Hobsonville is 100% Kiwi owned and operated and we're proud to have supported our local communities for over 30 years. We've kept our doors open through the biggest challengers our industry has ever seen which gives our clients confidence knowing we are still open, available, and eager to help plan and book their next journey.

Hobsonville@hot.co.nz 225 Hobsonville Point Road. Hobsonville Point, 09 416 0700

Cruise centre at 144 Hobsonville Point Road 09 941 3330

"What not to eat" - Rodney's canine consumption epidemic

Since opening our doors in December, 111 Vet Clinic in Kumeu has treated a smorgasbord of... curious culinary choices - but not from humans.

We've made 40 dogs purge their stomach contents. From pyjama ties and soft avocado toys to rat bait and Easter chocolate, the dogs of Rodney are eating everything. One cat has joined the dog brigade too - scoffing an entire bottle of skin allergy tablets (meant only for dogs), while a street-smart Northland rescue has made two visits after gorging on coffee grounds (ping, ping) and then pantry-pilfered cat biscuits - leaving 2kg lighter, full of regret, and possibly new-found wisdom.

Then there was the toy thief whose timing was impeccable... just as her owner was stitching a plush back together with a needle still attached. That shiny little surprise showed up clearly on x-ray. Of course we



For REGULAR & EMERGENCY vet care we offer:

- ****** FREE DENTAL CHECK UPS
- TAKE THE GUESS WORK OUT OF YOUR PET'S HEALTH
- CATCH ISSUES EARLY. SAVE BIG LATER

② 48 Main Road, Kumeu

☐ office@111vetclinic.co.nz

Community News



didn't induce vomiting for that one, but fortunately surgery was a success.

More recently, foraging frenzy turned to wild mushrooms - two separate dogs in the same week. Toxic and terrified, requiring fluid therapy, but both recovered thanks to early action.

To put it in perspective at my previous clinic, we might induce vomiting 10 times a year. In Kumeu, we

hit that in under two months. We're genuinely considering a "Hall of Shame" leaderboard at the clinic - mugshots and all - to deter would-be repeat offenders.

Tips for pet parents:

Keep human meds, chocolate, raisins, baits & pantry snacks well out of reach.

Supervise dogs outdoors - especially with mushrooms sprouting in damp weather.

If your pet eats something suspicious - don't wait. Call us

At 111 Vet Clinic, we're open 24/7 for regular vet treatment & emergencies - and apparently, Kumeu's snack attacks.

111 Vet Clinic Kumeu - Because curiosity doesn't clock off - phone 09 86 96 111 (OW TOWN 111)





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Salvation Army

A lifetime Salvationist, Auxiliary Captain Ian Wells has been part of Westgate Salvation Army for 27 years. Unexpectedly, but happily, lan became the corps officer (leader) in 2021. Enthusiasm for his new role radiates from lan and he has no regrets about leaving the corporate world. "Sure, the to-do-list is never-ending," laughs lan. "But I just love seeing God at work in this beautiful community." lan's a 'westie' from way back so he's seen it all and not much surprises him anymore. But what is new in West-Auckland are people moving 'out west' from other parts of Auckland. Some are grappling with 'westie' culture and the team at Westgate are speaking into that. lan explains that here in West Auckland, "we look out for each other, we support each other, and we help each other. That's the westie way-we just get on with it. The current financial crunch and new high-density housing is bringing people to us who don't know this good stuff about West-Auckland-yet.' "If you go down to PAKn'SAVE any day of the week you get to see West Auckland shining bright! PAKn'SAVE have a big crate in their foyer all year around for food donations to the Sallies. We are blessed abundantly. And that just speaks to the character and generosity of Westies. That's who we are. And as The Salvation Army, we're part of that culture. So we keep building connections with our community and demonstrate Christ's love and abundant life through who we are, to whoever comes across our path." Recently, the Salvation Army Westgate has opened up a cafe to continue fostering these connections.

Koinonia Cafe is open weekdays from 9:30am-4pm, offering \$3 coffee, and soon, affordable cabinet kai. Ree (pictured) would love to make you a coffee



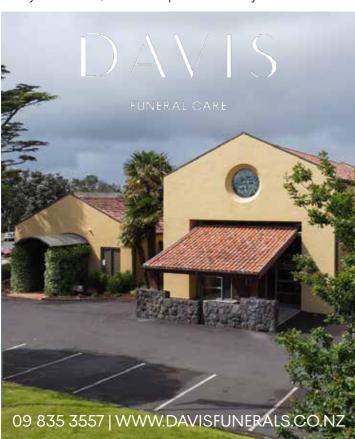


"Tide and time wait for no man" or does it?

The death of someone close, inevitably brings with it a profound sense of loss. Whilst heightened in situations of a sudden or unexpected death, nonetheless it is experienced equally in situations where the death was anticipated or expected. A little-known fact is that for most people, throughout their lifetime, they may only ever be responsible for managing the events surrounding the death of someone close perhaps once or twice. Farewell planning and all that it entails is therefore something that fortunately none of us really get practiced at, unless of course you are a funeral director.

Following on from our commentary last month in this column, we stressed the need to be careful reading or listening to everything you hear, it should come as no surprise that there are groups in existence today that go out of their way to openly undermine the valuable and meaningful services provided by funeral homes up and down the country, even going so far as to suggest that attending to the practicalities and legal necessities that must be observed can easily be looked after by those close to the deceased; of course all whilst at the same time they mourning the loss. At Davis, we are at times contacted by families who have taken this route and subsequently turn to us seeking urgent intervention on account of them being overwhelmed by the additional stress and trauma that such ill-gotten advice has caused and serving only to deepen their grief.

As a funeral director myself, one thing I have observed over the years is the sense of urgency that overcomes family members, and the pressure they feel to make



decisions in relation to funeral care and the farewell of their loved one at warp-speed.

We strongly urge people 'to slow down and seek guidance from an experienced and qualified funeral director', says Michael Powell, General Manager at Davis Funerals.

At Davis, we encourage families to take time to think through what an appropriate funeral or farewell looks like, says Powell. A concern that is often raised is the likely increased cost attributed to delays whilst arrangements are set in place, or whilst family travel back into the country

At Davis, we ensure the highest level of care is provided to those individuals who we have the privilege of looking after. "It costs no more to have a service this week, as it does to have a service in two- or three-week's time" says Powell. Our standard care for the deceased ensures family have time to mourn, time to plan, and time to prepare themselves for that all important farewell and that throughout the entire process, their loved one is afforded the very highest level of care to ensure their presence throughout is possible, enabling open-casket services, visitations or facilitating the deceased's return home to the family home, marae or other such place of meaning.

WWW.DAVISFUNERALS.CO.NZ





Community News

Parking is getting trickier in the Northwest

Free all-day parking is harder to find and many businesses may have one or a few parking spaces reserved only for their customers.

Smart Compliance Management (a division of Smart Parking Technology Ltd) has signage up at Kumeu Village (which generally has 120 minutes parking) and other areas such as the New World Kumeu carpark (about 90 minutes).

It'll take a while to read SCM's parking terms and conditions (if you have the time) and one Kumeu area woman (who wishes to remain anonymous) is taking them to task, promising to go to the Ministry of Consumer Affairs, and to ensure compliance with the Fair Trading Act.

She alleges phone numbers – including details of any towing company involved – need to be clearly displayed, wondering how many people have been fined and/or had vehicles towed.

Under the terms and conditions displayed, fines of \$85 may apply for any breaches along with an additional late payment fee of \$20.

The woman says she owes about \$300 and is disputing the payments and other aspects of her parking "breaches".

Cameras may be used, mainly for number plate recognition, and the main notices have a website (www. smartcomply.co.nz - which includes a South Island phone number) and an email address (info@smartcomply.co.nz) at the bottom.

Some Northwest businesses say they've been impacted by parking while others suggest people wanting to park locally should ask them first.

Many locals know where the best parking is close to services they wish to access, but more yellow lines, restricted areas and limited times are making it difficult for some people.



Danny Lendich tribute



Lendich Construction and Wendy's New Zealand founder, Danny (Danilo Stanislav) Lendich who died in May aged 81 was remembered at a special service at his Fred Taylor Drive-based business attended by nearly 1200 people.

Danny started business in 1956 at the age of 12 with a single bulldozer doing small earthmoving jobs for farmers and orchardists near his parents' (Filip and Ruze) apple and pear orchard in Moire Road, Massey.

He later established earthmoving and hauling company Lendich Construction and in 1988, with wife Dianne, opened his first Wendy's New Zealand franchise restaurant at Te Atatu, Auckland, with 24 others following.

Wendy's New Zealand was later sold to global franchise operator Flynn Group in May last year.

The Lendichs learned about the restaurant chain during visits to the United States for midget car events.

Danny was a midget car owner through D.L. Motorsports and sponsored drivers including Sleepy Tripp, Craig Brady, Jerry Coons Jr, Graham Standring (who was at the service), Sammy Swindell and Alex Bright, working on many of the cars.

Lendich Construction has been involved in a wide range of work such as Westgate's development, demolition of old theatres and buildings in Auckland, digging graves at Waikumete Cemetery, quarrying, gold mining, extending Samoa's airport in 1984 and helping recover an old schooner beached and buried near the Kaipara Harbour entrance for about 150 years.

Born in 1944 to Croatian parents who had emigrated to New Zealand prior to World War II, Danny had been using his family's tractor to work for local farmers before persuading his father to help him buy a small bulldozer.

Danny and his family have also operated service stations and own various properties in Auckland.

Danny died at his Auckland home on May 13, 2025.

He is survived by wife Dianne, daughters Danielle and Joanna, and grandchildren Savannah, Olivia, Danny, Roman and Ariana.

Citizens Advice Bureau Helensville

Struggling to pay your bills, manage debt or access support? You're not alone.

Free financial mentoring is now available at Citizens Advice Bureau Helensville every Tuesday from 10am to 1pm.

The new budget clinic offers independent, confidential budgeting and financial advice provided by the experienced team from Henderson Budget Service.

Financial mentors provide compassionate, non-judgemental support with personalised guidance and solutions which work for clients.

They can help you with:

- Household budgeting
- Debt management and consolidation
- · WINZ and IRD entitlements
- Hardship applications
- KiwiSaver early withdrawals
- Advocacy
- · Other financial issues

Henderson Budget Service has been working in the West Auckland community for over 30 years, walking alongside individuals and whānau through all kinds of financial challenges.

Their values are rooted in empowerment-giving people the tools, knowledge and confidence to take control of their money and work towards long-term sustainability, wellbeing and a more secure future.

Now outreaching to the North West and South Kaipara areas, the service aligns perfectly with CAB's values, specifically being non-judgemental and confidential.

CAB Helensville manager Rani Timoti says it's a win-win for CAB and its clients and there are constant referrals from local organisations.

"Just getting help with some of those overwhelming and mounting financial problems gives our clients peace of mind," says Rani. "To have the expert advice, reassurance and patience from such kind and caring financial mentors really does make a difference."

She says the service is also connecting with other local groups like South Kaipara Good Food which already has a client base who would feel more comfortable if financial mentors were available there on other days.

"Spreading the message throughout our community means our locals can benefit from practical, friendly financial support- so don't be shy or ashamed to come and book. We all know in these days of high cost of living that we need that helping hand." Appointments can be booked online via the Henderson Budget Service website at www.budgeting.org.nz using a quick and easy booking system or through CAB Helensville by calling 09 420 7162. Walk-ins are also welcome, subject to availability.

Cat lovers we need your help



The NZ Cat Foundation has a sanctuary based in Huapai which houses over 150 cats. We offer safe sanctuary for older, disadvantaged and un-homeable rescue cats where they can live out their

lives in safety and comfort. We need regular volunteers to help with routine chores so our cats can enjoy happy, healthy, safe lives. We are looking for volunteers who are mature, have a sense of responsibility, are good team players and dedicated animal lovers. Helping at the sanctuary is a popular way to fulfill community service hours for Duke of Edinburgh. St John's. Scouts. Guides. church, university, animal sciences studies, etc. We are happy to sign off on your hours and provide any needed verification of your service. We rely heavily on volunteers on a daily basis and desperately need more. Financial and food donations are also urgently needed to cover vet and other costs associated with our sanctuary. The NZ Cat Foundation also supports community Trap-Neuter-Return programmes and helps feed and care for many cats living in the community. Please visit our website for more information on volunteering and how to donate at www.thenzcatfoundation.org.nz..

Lions Club of Helensville

Autumn Book Fair Recap

The Autumn Book Fair, held 24-25 May at the Helensville A&P Showgrounds, raised \$13,000 in book sales, with more to come from raffles and the BBQ. All funds go to the Lions Charitable Trust, supporting local individuals and groups in need.

A big thank you to all who donated books, helped set up and pack down, especially Kaipara College students, Scouts, and Friends of Lions. Special thanks to Helensville A&P Show for the venue, Burmester Realty for being a drop-off point, and Chris Smith for use of his storage shed.

Unsold books are re-sorted-children's books go to playcentres, damaged books to recycling, and the rest are sold monthly at the Helensville Village Market.

- Next Book Fair: 29-30 November (Christmas Book Fair)
- Book donations accepted year-round

Drop small amounts at Burmester Realty, or large donations at the shed (Tuesdays 1-3pm) or call Chris: 027 646 3324.

Community News

Success Tutoring NorthWest



When is tutoring the right choice? Many parents will ask themselves at some point whether their child might benefit from tutoring. children struggle quietly, while others appear to be doing fine but are not reaching their full potential. Signs such as

slipping confidence, frustration with homework, or resistance about going to school may be signs that a little support could make a big difference.

The right tutor can help rebuild confidence, fill in learning gaps, and spark motivation that's sometimes hard to find in a busy and over-crowded classroom. A good tutoring environment should be structured, but not stressful. It should offer flexibility for busy families, without locking them into rigid contracts. Sessions should be personalised to your child's learning needs, and align with the skills and concepts required by the school curriculum.

Increasingly, parents are also looking for options that allow students to focus without digital distractions. As useful as this technology is, it can be counterproductive for learning the basics, particularly in the early years. That's why Success Tutoring offers device-free sessions that prioritise real life learning with pen and paper, tactile resources and personal interactions.

At Success Tutoring NorthWest, our tutors are highly educated and trained not only to teach, but to motivate ${\sf North}$

and inspire. Sessions are flexible and easy to book with no lock-in contracts, so families can adjust as needed. We also offer fun holiday programmes.

Founded by two experienced local teachers, this centre offers a brilliant new choice for families. Whether your child needs help to catch up, keep up, or get ahead, we're here to support them. Contact us now for a free assessment. 8/48 Maki St, Westgate northwest@successtutoring.com Ph: 021 075 1475

Kumeu Kids Christmas Market



The Kumeu Kids Christmas Market is back early this year. The market will be held on Sunday August 3rd at the Kumeu Community Centre. Come along and support local kids who will be selling crafts, baking, food, jewellery, candy floss, art, candles, plants, knitted goods, raffles, live music from buskers and a whole lot more. Organised

by Elisabetta Tamburini, aged 13 of Taupaki, the market has been successfully running for 3 years now. The concept is that kids pay a small fee to have a stall and that goes to charity, then they sell their products and learn sales skills and how to run a small business. "It's great to see kids learning valuable skills and earning themselves some money, and parents and caregivers helping." says Simone Moors (Elisabetta's mum). Elisabetta gets sponsorship from the Lions Club and local businesses to support the event so she can donate more money to charity. Over the last few years she has raised over \$1,000 from stall fees and raffles and donated this to the Child Cancer Foundation. So come along join the fun and get some really cool items and some yummy baking too!

Sunday August 3rd, from 10am to 1pm, Kumeu Community Centre, Access Road.





Food & Beverage

Looking to try something new this winter?

Come and visit Michael Van de Elzen's garden-toplate cookery school, Good from Scratch, set in the picturesque Muriwai countryside. Whether you're craving a comforting mid-winter dinner, a deep dive into seasonal garden ingredients, or wanting to learn the satisfying craft of bread making, we have something for everyone.

Discover our highlights below, or browse our full schedule over on our website.

Mid Winter dinner in partnership with Westbrook Winery

We are excited to let you know that on Sunday the 10th of August, Good from Scratch will be partnering with Westbrook Winery to bring you a Mid-Winter Lunch and wine pairing. With a drink of bubbles on arrival, followed by three courses each paired with a beautiful locally grown and crafted Westbrook Wine.

We will be joined by the incredible James Rowan, vinter for Westbrook who will talk you through the wine and its pairing alongside Mike.

Date: Sunday 10th of August Timings: 12pm - 3.30pm/4pm

Tickets are \$155pp



Evening Bread class with Cam and Boyd

Come and learn the secrets of bread making, made simple with Cam and Boyd from the Muriwai Deli. Covering Sourdough, Focaccia and a Rēwana inspired loaf, you'll leave confi dent to tackle that next loaf. Includes a carb heavy evening snack!

Date: Wednesday the 20th of August

Timings: 6pm - 9.30pm Tickets are \$150pp

Cooking the seasons with Mike: Winter

This new class is for all those wishing to truly get a taste for cooking seasonally. These classes run in seasonal quarters (Spring, Summer, Autumn and Winter) drawing on the fresh produce available, think brassicas, root veg and hardy herbs. Join us for a cosy Wednesday evening as we invite you to sit back and relax as you are taken on a culinary journey with Mike. All fi nished up with a light supper.

Date: Wednesday the 27th of August

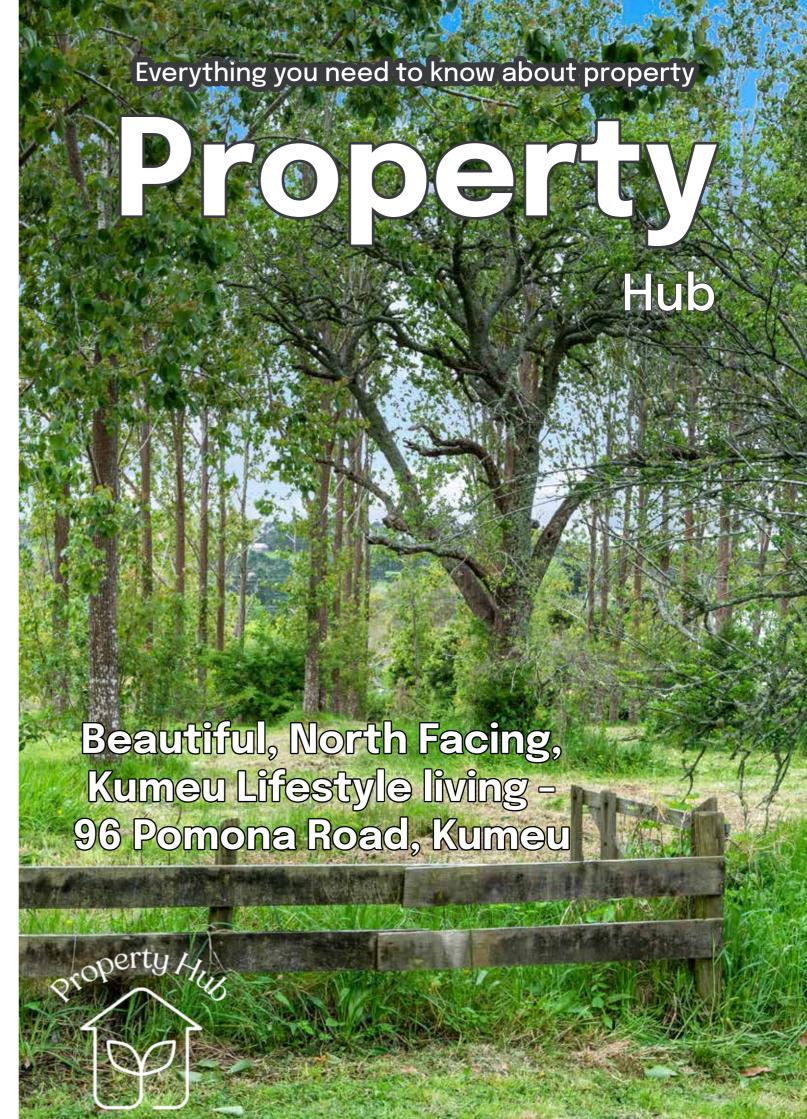
Timings: 6pm - 9pm

Tickets are \$125pp

Bookings are essential for all of our classes and events, head to our 'what's on' page to book your spot!







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ENQUIRIES / FEEDBACK / ADVERTISING: E editorial@kumeucourier.co.nz W Property-hub.nz

COVER PHOTO: For Sale- 96 Pomona Rd, Kumeu PRINT RUN: 25,000 copies, Treehouse Print

Property News

Rental Market

Auckland's North West rental market is currently characterised by a cooling trend, with a notable increase in rental listings but a slower pace of demand. This suggests a shift in the market dynamics, potentially leading to more choices for tenants and a stabilisation, or even softening, of rental prices. Landlords need to ensure their properties are well-maintained and presented to retain their tenants or (if they are seeking a new tenant) to stand out in a competitive market. Every month we review the rental market and compare pricing through the North West area. Reviewing rental prices is vital to remain competitive and minimise vacancies.

Providing responsive and proactive property management including maintenance and ensuring Healthy Homes compliance will help retain tenants and justify a premium rental price for your asset.

At West Auckland Property Management we enjoy a history spanning 25 years of service to Tenants and Landlords to ensure the balance of duty of care to the Tenant and security of asset for the Landlord. We also ensure the property is maintained to minimise expensive refits, or extended periods without Tenancy.

In addition, the progression of the Healthy Homes requirement with imminent MBIE auditing may provide you an additional incentive to consider your Property Management relationship and your ability to mitigate risk and have confidence in your income generated.

If you have questions about:

- Your rental income
- Healthy Homes compliance
- Changing property managers
- Maintenance scheduling to protect your asset
- Our cost effective property management fees

Don't hesitate to contact West Auckland Property Management directly,

Graham McIntyre on 0276320421 or graham@wapm.co.nz

Introducing Brendon Hodge – Now Based in Kumeu



A familiar face in the Northwest, Brendon Hodge has called the area home for the past 27 years. With over 13 years of real estate experience, Brendon brings a wealth of local knowledge, dedication, and professionalism to every client interaction.

From 1 July, Brendon will be working full-time from the Raine & Horne office at 327 Main Road, Kumeu, making the move from the Henderson branch to focus on the community he knows best.

"I'm level-headed, meticulous, and always working hard to deliver the best outcomes for my clients," says Brendon. "Real estate is about people as much as property, and I take great pride in providing proactive, high-quality service every step of the way."

Backed by the trusted Raine & Horne Real Estate brand, Brendon is passionate about helping clients navigate the property market with confidence and clarity.

"I value the trust my clients place in me and am committed to delivering a smooth, successful experience."

- Brendon Hodge 021 608 234

Personalised Property Management Solutions

Residential rental property advice that's timely, accurate, and measured, to ensure your property gets the attention required. It's a process that builds on 25 years of success and succession.

Ph 09 832 0832



Welfare Guardianships and Enduring Powers of Attorney



Loss of capacity to make decisions can arrive suddenly with age or with injury. Sometimes, it is a good idea to empower trusted friends or family members to make legal decisions on your behalf. There are two legal pathways for doing this.

Firstly, while you still have capacity, you can choose to set up an Enduring Powers of Attorney ("EPAs"). This means choosing someone that you trust and empowering them to be your attorney and act on your behalf for your welfare and property affairs.

Alternatively, if someone you know has already lost capacity and needs someone to make important decisions for them, you can apply to the Court to have someone appointed to look after their welfare and property affairs. This process involves proving to the Court that the appointment is in the best interests of the person without capacity. Unlike an EPA attorney, a person appointed by the Court will need to apply to the Court at least every three years to review the order.

If you would like assistance setting up an Enduring Powers of Attorney or making an application to be appointed to look after a loved one's welfare and property affairs, feel free to contact us on 09 412 6000 or send us an email at info@kempsolicitors.co.nz.



Property Market Report July 2025



Right now, it's a great time to be a buyer in the North West property market.

It's currently taking around 70 days for the typical property to sell on the TradeMe site, which tells us the market is pretty cool at the moment.

On top of that, there's a huge amount of choice

for home-hunters. TradeMe reporting 43,692 properties for sale, a 17.6% jump from this time last year, which ensures buyers have plenty to consider.

We have seen these conditions before where First Home Buyers have been pensive to enter into buying decisions, sighting the potential for a further price sag and the potential for a better house to come into view. But without gaining a purchase and becoming fatigued by the process. Our tip for home buyers, make a list of what you want in a home and see what most closely aligns with it. Then you can negotiate a price that is a compromise, not a take-it-or we'll-leave it.

Over the last two weeks we have seen a significant lift in the engagement of Investors, back in the market from around New Zealand and Overseas.

It is the first significant and sustained signal that educated and serious buyers feel the time is right to invest in the North West Auckland Property market.

Therefore, buyers should dust off those pre-approvals and get to work, as there has never been a better time to buy well, with choice and eager Vendors.

Call me, Graham McIntyre AREINZ directly 0800 900 700, via text at 027 632 0421, or email at graham.mcintyre@kumeu.rh.co.nz.

Country Living Realty Ltd, t/a Raine & Horne Kumeu-Hobsonville Licensed REAA (2008)



New Rating Values are out, who are the winners and losers?



Property News

The RVs - also known as a property's capital value (CV) - are based on property market trends and sale activity as of May 2024. Overall, residential CVs across Auckland dropped by 9%. The new

valuations do not impact the total amount of rates charged by Auckland Council - a rate increase of 5.8% has already been approved for the 2025/26 financial year, which is one of the lowest rate increases in New Zealand.

Instead, the valuations will be used to spread the rates out fairly across Auckland's 630,000 properties. Most ratepayers will see an increase, but how much of an increase is relative to how other properties were valued. Here is the link to navigate your RV change: https://www.aucklandcouncil.govt.nz/property-rates-valuations/Pages/find-property-rates-valuation.aspx

RV Data has traditionally been used as a yardstick for the express purpose of the governance of rates charges, however it is also the foundation tool for the growing number of analytical home value sites such as www. homes.co.nz; www.oneroof.co.nz; www.propertyvalue. co.nz.

If you feel the value that is represented in your RV is incorrect, or the information on your property is incorrect, now is the time to update it and object. Objections are open to Friday 25th July 2025. Her is the objection link:

https://www.aucklandcouncil.govt.nz/property-rates-valuations/our-valuation-of-your-property/Pages/general-property-revaluation.aspx

To object to a property valuation, you must:

- be a ratepayer
- submit your objection before the due date on the back of the valuation notice
- provide a valid technical reason as at 1 May 2024 for your objection (for example, incorrect number of bedrooms or bathrooms)
- provide enough information to support your objection.

You can object if you think a property valuation is incorrect, but you cannot object to how the valuation affects your rates.

Should you feel unsure of what to do, please don't hesitate to drop Graham McIntyre from Raine & Horne Real Estate a call on 0276 320 421 or 0800 900 700 for a free no obligation chat about your Rating Data and what you are thinking. Graham McIntyre Raine & Horne Real Estate Kumeu - Hobsonville ountry Living Realty Limited Licensed REAA2008

ClearStone Legal



When reviewing a Land Information Memorandum (LIM) report for a property, you may come across a Resource Consent requiring "ongoing monitoring". A resource consent is a formal permission from the relevant Council that allows an activity to impact the environment or the community; and sometimes, their specific conditions need to be monitored on an ongoing basis.

Ongoing monitoring can relate

to a number of different things: for example, compliance in respect to earthworks, drainage, construction, land use.

A common reason we see ongoing monitoring recorded on a LIM report is when a client is purchasing a new home that is part of a larger subdivision. Often the developer has not completed construction of all the other homes that form part of the subdivision. The monitoring will be necessary until the last of the homes are built and all requirements of the resource consent have been met, to the satisfaction of the Council.

It's possible that the monitoring may have already concluded, and that Council's records don't yet reflect this. If there are still outstanding requirements that need to be monitored, you could personally be responsible for any costs associated with these works and inspections once you become the property owner.

It's in your best interest to enquire with the real estate agent or the property owner about the specifics of the ongoing monitoring. Ideally, you would ensure that the Resource Consent's monitoring status is closed off by the current owner before settlement.

This can be raised under a LIM report condition in an agreement for sale and purchase with the assistance of your legal representative. We are happy to help, feel free to give us a call at Clearstone Legal on 09 973 5102 or make a time to come and see us at either our Kumeu or Te Atatu office.



Call now to discuss your legal needs

p: 09 973 5102w: cslegal.co.nz

Kumeu Office 1A Tapu Road, Kumeu

Te Atatu Office 1/547 Te Atatu Road Te Atatu Peninsula

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Expenses you should budget for when buying your first home



As a first home buyer, it's important to be aware of these unexpected expenses so you can budget.

Let's take a look at the various hidden costs associated with home buying, so you can ensure a smooth and stressfree home buying experience.

Legal fees and documentation

Engaging a solicitor or conveyancer is essential to ensure the property transaction is legally sound.

Legal fees can range from \$500 up to \$2,000+, depending on your location, the solicitor and the complexity of your transaction.

Additionally, you may encounter costs related to documentation, such as registration fees and LIM reports.

Registered valuation and building inspection costs

A property valuation is often required by lenders when you have less than 20% deposit and sometimes in other

This service typically ranges between \$700 to \$1,000 (or more), depending on the property type and location. Your Adviser can give some guidance on this.

Additionally, it's advisable to invest in a comprehensive Building Inspection. This inspection identifies structural issues, potential repairs, and maintenance needs, which can actually save you from unexpected expenses down the track. Building inspection costs range from \$400 to \$600 (or more), they are crucial for making an informed purchase decision and avoiding costly repairs later on.

Mortgage fees and charges

Application fees, also known as establishment fees, can range from \$200 to \$500. However, if you're working with a Mortgage Adviser we can often negotiate to get this waived.



Property News

Another frequent mistake is neglecting to get your finance pre-approved before house hunting. Without this, you might fall in love with a property that's beyond your financial reach.

By understanding the various expenses like legal fees, valuation costs and mortgage charges, you can create a more accurate budget and avoid unexpected financial

Questions? Stephen Massey - Mortgage Advisor and First Home Specialist, call or text 021 711 444.

Why choose G.J.'s

At G.J. Gardner Homes Rodney West, we promise to make your new home building experience a pleasure. Your only surprises will be happy ones. Your G.J. Gardner Homes franchise is an independent, locally owned and operated business, making them part of your community and providing you with direct access to the owner of the business responsible for building your home. Our dedicated team takes care of everything, including permits, resource consents, planning issues, engineering drainage and geotechnical reports. We can even help you find a section or unique lifestyle property, sort out finance and payment terms to make it as simple as possible.

To provide peace of mind, a fixed price contract is offered at the start of the build journey with all prices locked in ensuring there are no surprises, allowing you to move forward in confidence with the certainty of no

Have an idea on paper but not sure where to start? Our New Home Consultants and onsite Architects can turn your sketch into reality and have it priced all in the space of a very short timeframe. Our designers have consistently been at the forefront of developing living concepts that cater for modern lifestyles and New Zealand's unique environment.

We project manage everything every step of the way and give you written assurances, regarding costs, workmanship, material guarantees, completion dates and other key issues. Our thoroughness is just one of many reasons why year after year, more people build with G.J. Gardner Homes than any other builder.

So give the team at G.J's Rodney West a call today on 09 412 5371, they can't wait to start your exciting build journey

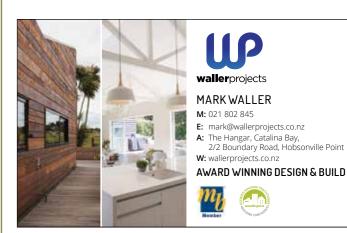




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Area Property Stats

Every month Raine & Horne Kumeu assembles a comprehensive spreadsheet of all the recent sales in the area that reviews the full range of Residential and Lifestyle transactions that have occurred. To receive the full summary simply email the word "full statistics" to office@kumeu.rh.co.nz. This service is free from cost.

SUBURB	STREET	CV	BED	FLOOR AREA m2	LAND AREA m2	SALE PRICE
Helensville						
	Stewart Street	\$250000	0	0	1301	\$150000
	Pipitiwai Drive	\$1175000	3	180	20000	\$1220000
	Makiri Street	\$896000	3	120	675	\$835000
	Karaka Street	\$850000	3	108	873	\$930000
	Cabeleigh Drive	\$920000	3	120	654	\$885000
	Kanono Way	\$1125000	5	248	320	\$1100000
	Kawariki Road	\$1000000	3	139	617	\$1011250
	Rauta Way	\$860000	3	86	636	\$782000
	Puriri Street	\$760000	3	95	460	4738000
Hobsonville						
nobsonville	Saltmarsh Road	¢1225000	3	181	247	\$1245000
	Lockheed Street		4	164	202	\$1050000
	Hobsonville Point		1	66	0	\$580000
	Nugget Avenue	\$970000	3	111	115.9	\$858000
	Hato Road	\$1840000	5	272	301	\$1470000
	Mapou Road	\$635000	1	59	0	\$565000
	Peihana Road	\$1075000	3	170	141	\$948500
	Torea Tai Road	\$840000	2	87	0	\$698000
	Myland Drive	\$1525000	5	230	299	\$1340000
	Wylaria Drive	+1020000		200	200	¥104000
Kumeu-Huapai						
	Josh Road	\$1425000	4	207	603	\$1295000
	Tapu Road	\$750000	2	75	0	\$670000
	Tapu Road	\$1475000	4	220	671	\$1300000
	Will Street	\$1375000	4	209	630	\$1400000
	Sunny Crescent	\$1650000	4	270	1944	\$1530000
	Raymond Grace A	Avenue \$760000		0	714	\$688000
Massey						
wassey	Royal Road	\$1400000	5	250	854	\$1185000
	Gallony Avenue	\$850000	3	80	388	\$734500
	Waimumu Road	\$810000	3	90	0	\$720000
	Paretao Street	\$910000	3	103	150	\$840000
	Kautawa Lane	\$910000	3	94	100	\$675000
	Reynella Drive	\$1025000	4	142	325	\$930000
	Waimumu Road	\$880000	2	101	0	\$602000
	Carling Avenue	\$1250000	4	160	618	\$1020000
	Kasia Close	\$980000	3	138	455	\$756000
	Landsdale Place	\$1175000	3	90	704	\$665000
Muriwai	Damain Oncorporat	-A107F000		000	000	41 515000
	Domain Crescent		3	383 140	809 938	\$1515000
	Motutara Road Constable Road			63	47000	\$1162750 \$1940000
			2	149	2999	\$1940000
	Muriwai Valley Ro		4			
	Muriwai Valley Ro Oaia Road		0	266 350	17500 20000	\$2100000 \$2020000
		\$1950000 \$1050000	4	281	1645	\$2020000
		\$1200000	3	97	842	\$1350000
	waitea noau	\$1200000	ა	91	042	\$1330000
Parakai						
	Parakai Avenue	\$665000	3	78	0	\$635000
	South Head Road		3	181	1744	\$1000000
	Aitkenhead Cour	t \$925000	4	184	409	\$795000
Riverhead						
omoud	Berenice Lane	\$4450000	6	406	33400	\$4250000
	Leebank Crescer		3	181	600	\$1390000

STREET CV	BFD	FLOOR ARFA m2	LAND ARFA m2	SALE PRICE
				3,122 1102
Amreins Road \$2310000	4	200	52200	\$2550000
	=			\$1020000
Taupaki Road \$110000	0	0	13400	\$840000
Old North Road \$1225000	4	130	24600	\$1295000
Pukemarino Road \$1350000	4	235	801	\$1410000
				\$850000
				\$1400000
				\$950000
Steam Hauler Track \$1550000	5	285	40700	\$1360000
	4			\$1247000
	3			\$1040000
	4			\$2418000
Bernleigh Terrace \$1235000	3			\$1065000
	4			\$1315000
West Harbour Drive \$1350000				\$1400000
Pahi Place \$1300000	3	91	641	\$1050000
Clearwater Cove \$900000	3	150	0	\$1002000
Picasso Drive \$1500000	6	290	706	\$1300000
Lagoon Way \$1500000	4	210	0	\$3800000
	4			\$1020000
Westgate Drive \$1200000	3	145	317	\$1091000
Manarini Road \$970000				\$860000
Tarapuka Road \$920000	2	77	167	\$775000
Kowhai Road \$1860000	4			\$1700000
Totara Road \$1150000	3	140	835	\$1080000
Whenuapai Drive \$1205000	4	151	345	\$1140000
Kopuru Road \$1470000	5	253	345	\$1470000
	Old North Road \$1225000 Pukemarino Road \$1350000 Wairere Road \$780000 McEntee Road \$1450000 Wairere Road \$890000 Steam Hauler Track \$1550000 Luckens Road \$1525000 Bridgehead Cove \$1100000 Courtneys \$2860000 Bernleigh Terrace \$1235000 Deanna Drive \$1450000 West Harbour Drive \$1350000 Pahi Place \$1300000 Clearwater Cove \$900000 Picasso Drive \$1500000 Lagoon Way \$1500000 Kerepi Street \$1120000 Westgate Drive \$1200000 Manarini Road \$970000 Tarapuka Road \$920000 Kowhai Road \$1860000 Totara Road \$1150000 Whenuapai Drive \$1205000	Amreins Road \$2310000 4 Nixon Road \$1150000 0 Taupaki Road \$110000 0 Old North Road \$1225000 4 Pukemarino Road \$1350000 4 Wairere Road \$780000 2 McEntee Road \$1450000 8 Wairere Road \$890000 4 Steam Hauler Track \$1550000 5 Luckens Road \$1525000 4 Bridgehead Cove \$1100000 3 Courtneys \$2860000 4 Bernleigh Terrace \$1235000 3 Deanna Drive \$1450000 4 West Harbour Drive \$1350000 4 Pahi Place \$1300000 3 Clearwater Cove \$900000 3 Clearwater Cove \$900000 3 Picasso Drive \$1500000 6 Lagoon Way \$1500000 4 Kerepi Street \$1120000 4 Westgate Drive \$1200000 3 Tarapuka Road \$970000 3 Tarapuka Road \$970000 3 Totara Road \$1150000 4 Totara Road \$1150000 4 Totara Road \$1150000 3 Whenuapai Drive \$1205000 4	Amreins Road \$2310000 4 200 Nixon Road \$1150000 0 0 Taupaki Road \$110000 0 0 Old North Road \$1225000 4 130 Pukemarino Road \$1350000 4 235 Wairere Road \$780000 2 87 McEntee Road \$1450000 8 265 Wairere Road \$890000 4 151 Steam Hauler Track \$1550000 5 285 Luckens Road \$1525000 4 144 Bridgehead Cove \$1100000 3 170 Courtneys \$2860000 4 385 Bernleigh Terrace \$1235000 3 164 Deanna Drive \$1450000 4 214 West Harbour Drive \$1350000 4 240 Pahi Place \$1300000 3 150 Clearwater Cove \$900000 3 150 Picasso Drive \$150000 6 290 Lagoon Way \$1500000 4 164 Westgate Drive \$1500000 4 210 Kerepi Street \$1120000 4 164 Westgate Drive \$1500000 6 290 Lagoon Way \$1500000 3 110 Tarapuka Road \$970000 3 110 Tarapuka Road \$1860000 4 359 Totara Road \$1860000 4 359 Totara Road \$1150000 3 140 Whenuapai Drive \$1205000 4 151	Amreins Road \$2310000

DISCLAIMER: These sales figures have been provided by a third party and although all care is taken to ensure the information is accurate some figures could have been mis-interpreted on compilation. Furthermore these figures are recent sales over the past 30 days from all agents in the area.

Raine & Horne's commission rate:

2.95% up to \$590,000

(Not 4% that others may charge)

195% on the balance

Plus \$490 admin fee.

All fees and commissions + GST

Raine & Horne Kumeu also provide statistical data FREE from cost to purchasers and sellers wanting more information to make an informed decision. Phone me today for a FREE summary of a property and surrounding sales, at no cost and no questions asked. Graham McIntyre 027 632 0421 *Available for a limited time. Conditions apply.

Raine&Horne®

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Graham McIntyre
Brand & Territory Owner
027 632 0421

PROPERTY-HUB.NZ

Hot Property









Home, shed, office, sleep out, paddock.

199 Nixon Road, Kumeu

A home where memories are made and fill the void of mediocrity, a home for the whole family through the years of fun, discovery and leisure. Elevated countryside living, with sleepout, barns, sheds, offices, studios and more within this leafy paradise. A nod to the past with this well presented, modernised lockwood home with accents of

white to set off the blonde timber. A large five bedroom, three bathroom home, with additional space for offices/study/ sleepout/ games room. Central open plan living and dining opening to decking and pool area.

All the rooms and bathrooms are off the central corridor with easy access to boardwalk decking. Centrally located on the land the house is in an elevated position, the barns and sheds share the driveway providing easy access and storage for a toys and tools, friends and family.

Set in a park-like glade, full of established trees and easy care flat lawn with a paddock for play, a tree for a

treehouse and room to explore, to craft and create.

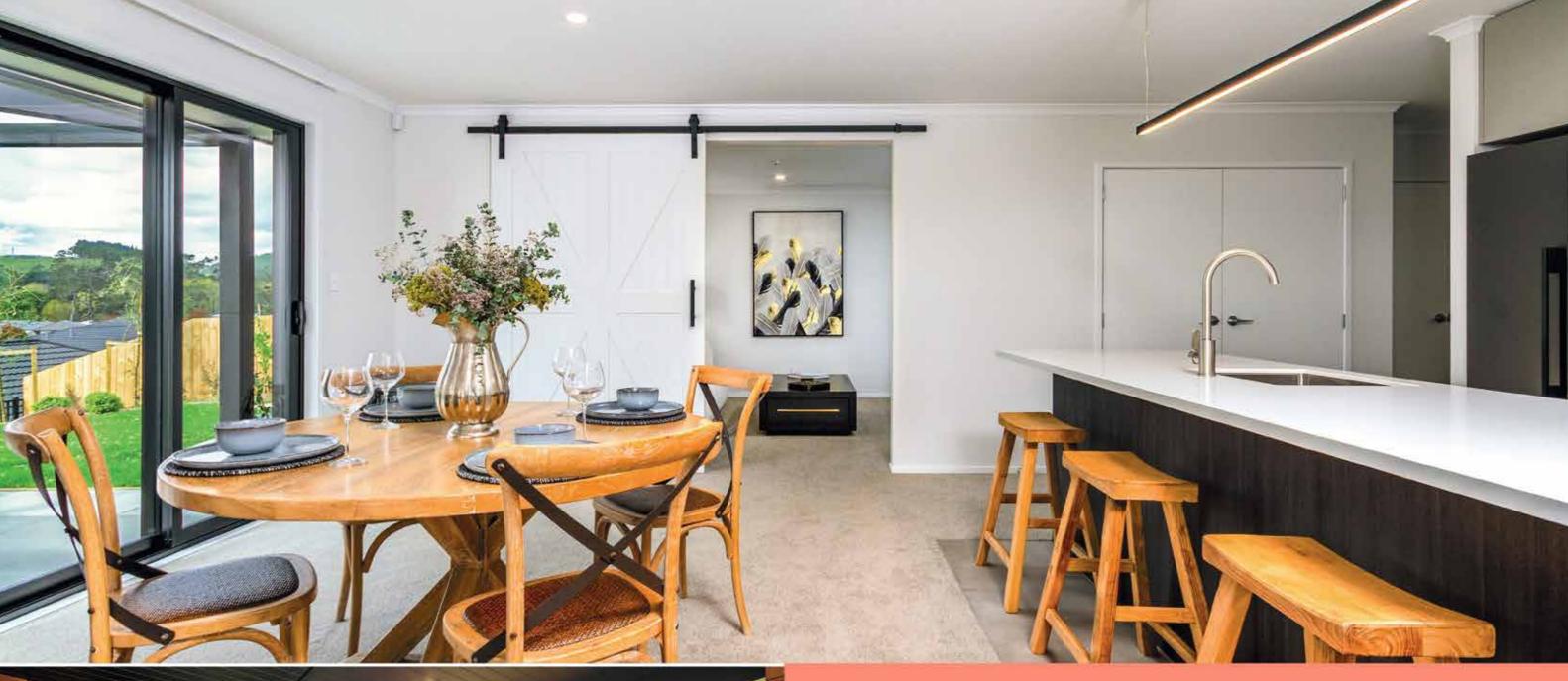
Life is too short for concrete and tarmac, discover a life with natures best, so private and tranquil but so close to amenities, schools and convenience stores when you want them.

Act now, phone me for viewing on 0276 320 421

Graham McIntyre, Raine & Horne Kumeu - Hobsonville email graham.mcintyre@kumeu.rh.co.nz

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G.J. Gardner Homes are acknowledged for their innovative design concepts. Our designers are continually coming up with fresh ideas and creative living plans. Here's your chance to view some of their latest ideas incorporated into this stunning showhome.

If you're thinking of building and are looking for ideas and inspiration, make this your first step.

G.J. Gardner. HOMES

Raine & Horne







33 White Heron Drive, Royal Heights

3 Bed 1 Bath 2 Car

North facing suntrap, in Royal Heights

So much to love about this home, fresh to market, and in a world of its own, because it is absolutely adorable, offering:

- Brick and tile, One level home French cottage windows Excellent security
- Fully fenced Internal access single garage In a quiet street and short walk to Moire Park and walkway Approx 400sqm section size

A fabulous Northerly aspect, the layout is ideal for an owner that wants easy flow with decking to the east and north, an internal access garage with door remote and fully fenced for pets and children.

As a first home or investment property it ticks so many boxes, a full rental appraisal is available and a tenant prospect list is already available.

Guide \$925,000







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Guide

Negotiation

126 Universal Drive, Henderson

5 Bed 2 Bath 2 Car

Develop, Invest, Hold, Land bank - your call

This is a corner site, in a mixed urban zoning, providing opportunity for an astute investor. Offering:

- Two titles
- Three buildings
- Tenants in place
- GIS service overlay available
 Mixed Urban development zone
- Income of over \$1,000 per week
- Large 933 sqm flat footprint
- Includes 126 Universal Drive and 2 Riverpark Crescent

If you are seeking an opportunity today, land-banking for tomorrow there has never been a better time to discuss investing. Call me today to discuss/ view on 0276 320 421



Graham McIntyre 027 632 0421



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14 Peters Lane, Taupaki

6 Bed 3 Bath 10 Car

Elevated Family Estate in Taupaki

Perched atop almost 1 hectare of prime North facing land, with views through to Kumeu in the picturesque countryside village of Taupaki, this property offers the perfect blend of large shedding, large home and studio/ accommodation. With a generous building area of 490 sqm, this stunning property is designed for home, extended family, business, hobby, guests, and pets.

Featuring:

- 6 spacious bedrooms 3 bathrooms Large basement/ hobby area Seamless indooroutdoor flow • Large studio/accommodation • 10-car garaging (yes 10 car garaging)
- Cattle loading ramp Two paddocks Almost 1 hectare of land (over 2 acres)
- So much on offer here and yet so many choices as to how you use the land, the house, the studio/office/ accommodation, and where you park the cars and toys.

Located in the well sought-after Taupaki area, this home offers a peaceful lifestyle while still being conveniently close to local amenities, Taupaki School and Harry James Reserve. Enjoy the best of rural life and yet close to the NorthWest Mall, Westgate, Kumeu and Henderson.

Guide Negotiation













96 Pomona Road, Kumeu

4 Bed 1 Bath 4 Car

Beautiful, North Facing, Kumeu Lifestyle living

We are viewing most properties on a daily basis and are excited to get you through this home. Text me a time/day that suits you to view on 027 632 0421.

A short drive to Kumeu and Westgate - one of the best lifestyle addresses in Kumeu.

Cultivate your future in this North-facing oportunity-a sprawling 4-hectare canvas of colour and established plantings that promises a life of endless possibilities. Immerse yourself in the natural kaleidoscope that surrounds a charming four-bedroom traditional bungalow, basking in the warm embrace of full sunshine and showcasing extensive rural views of the valley below. Level to gently sloping, sunny and sheltered, the land offers many opportunities to develop or leave it as is to enjoy your rural idyll. Some potential income streams that only require your effort to exploit. Add to this your very own nature reserve, garaging for 3-4 vehicles and your imagination will take flight.

Guide Negotiation







INVESTORS – HOLY SMOKE – OPPOSITE MCDONALDS

Looking for a commercial investment opportunity, opposite the brand new McDonalds in Huapai?

Offering a land lot of 944sqm with a cute refurbished Commercial office, can be purchased vacant

or hold the tenant in situ.

This piece of Kiwiana was an old 1950's NZ rail house, then a veterinary supply company and is currently a real estate office.

Opportunity abound on a clean title, awaiting new ownership.

RV \$1,425,000

Land 944sqm

Retail 70sqm

Garaging 100sqm

Thinking this might be for you, contact Graham McIntyre on 0276320421

528m² Weza Lane Workhorse For Sale

Situated in the fast-growing commercial and industrial hub of Kumeu, 11B Weza Lane offers a superb opportunity for owner-occupiers, investors, or developers. Comprising a 528sqm workshop with vacant possession, this property combines functionality with future potential in a tightly held location.

The building features a highly efficient layout with a low office-to-warehouse ratio, allowing for maximum use of the workshop/warehouse space. Large roller doors provide excellent access for trucks and deliveries, while a spacious front yard offers ample room for parking, container drop-off, or vehicle manoeuvring.

Whilst offered for sale with vacant possession, the property has an appraised net rental income in excess of \$70,000 per annum, making it suitable for owner occupiers, investors or add value purchasers.

Zoned Business-Mixed Use, the site also lends itself to a variety of future redevelopment options, adding another layer of value for forward-thinking investors or developers.

Kumeu continues to benefit from infrastructure upgrades and increased commercial activity, making this an increasingly strategic location in West Auckland. Whether you're looking to occupy, lease, or landbank, 11B Weza Lane represents a solid investment in a highgrowth area.

Contact the sole agents for a full info pack and to arrange a viewing.





Caroline Cornish
021 390 759
caroline.cornish@colliers.com
Nelson Raines
021 555 673
nelson.raines@colliers.com



Raine & Horne







8 Oraha Road, Huapai

3 Bed 1 Bath 2 Car

Huapai Town Centre Zoning 869sqm (approx)

Prime opportunity in the heart of Huapai's bustling Town Centre Zone with this expansive 869sqm (approx) parcel of land situated along the eastern boundary. Embracing a flat topography, the property seamlessly integrates with the surrounding landscape, adjacent to the Huapai carpark and Police Station. This property boasts a distinguished three-bedroom bungalow featuring an open-plan kitchen, dining, and living area that gracefully extends onto a west-facing deck. A spacious shed and carport on-site provide versatile storage solutions, complemented by a open yard adorned with thriving mature fruit trees. The property is fully fenced, ensuring privacy and security, and benefits from readily available services in the street. Convenience takes center stage as the location offers close proximity to parks, schools, and transport links. Seize the opportunity to invest today and unlock a myriad of options for tomorrow.

This is more than a property; it's an investment in your future with practicality, and strategic location.

GuideBy Negotiation











18 Peters Lane, Taupaki

Sun kissed, north facing house and land package

A large north facing canvas, with natural water course and established plantings with options to select the best house and land package for you, including home and income options. Elevated rolling land with views to Kumeu and beyond, the houses selected are designed to make the most of the aspect and the outlook. This land is historical and original clay base which has no historical slip effects nor movement lines. In addition much of the area is slowly moving to countryside living which allows for great intensification within this residential lifestyle community. Please survey the house and land package options outlined and book a walk-the-land meeting with leading Taupaki agent and local resident Graham McIntyre.

Renders and pricing for House and Land Packages provided by: GJ Gardner indicative value \$3,479,000 approx. enquire for further information Golden Homes indicative value \$3,798,000 approx. enquire for further information Signature Homes indicative value \$3,326,500 approx. enquire for further information **Guide** Negotiation



Graham McIntyre 027 632 0421



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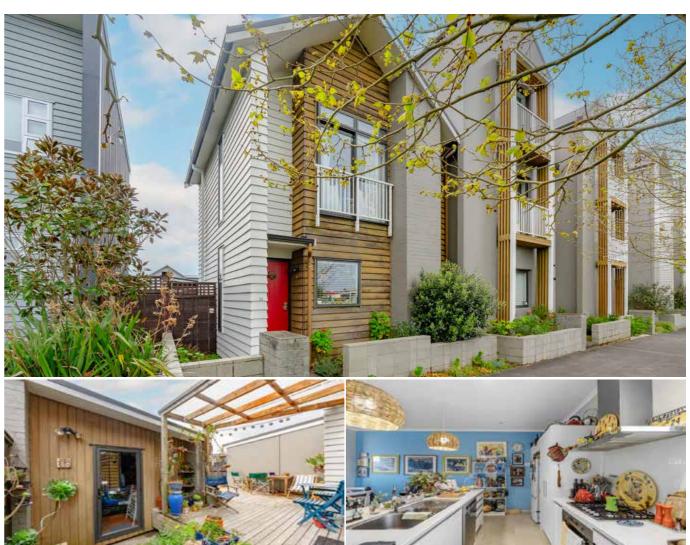
Phone 0800 900 700 or 0276 320 421

Country Living Realty Limited t/a Raine & Horne Kumeu—Hobsonville

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Raine&Horne_®



26 Squadron Drive, Hobsonville

2 Bed 2 Bath 1 Car

Exceptional 2 bed, 2 loo, 1 garage

A contemporary, sun filled and private 2 bedroom, 2 bathroom home over 2 levels offering an impressive list of extras, situated off a quiet lane way minutes away from Hobsonville shopping precinct.

A two level end duplex built by Universal homes, this is a lock up and leave that has been invested in with smart air circulation, drapes and finishing's.

Downstairs enjoys an open plan alfresco living environment with patio and grassed area.

Upstairs are two bedrooms (generous size), bathroom and ensuite.

Come view Mary's Gallery a mix of beautiful artwork and collectables within an easy living environment with garage and parking outside off the private laneway access. So close to Schools, Parks, Shopping and Transport links. Motivated Vendor has another opportunity they wish to pursue and welcome your interest today.

Guide Negotiation



Graham McIntyre



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Raine & Horne







Guide

Negotiation

58 Turret Lane, Hobsonville

2 Bed 1 Bath

Newly born - Scott Point Harmony

The perfect blend of indoor-outdoor flow with all the comforts of a high spec new build.

Don't be fooled, it's bigger than it looks offering uncompromised open plan kitchen, dining, lounge alfresco with easy double stack slider opening to decking and storage shed.

Upstairs, two toilets, full bathroom and two generous bedrooms.

Exceptional build, earthy tones, carpet, tile and natural wood laminate, this home has been crafted and coloured to provide a seamless buy-move in experience.

Motivate Vendors graduating North.

We are viewing many listings on a daily basis and are happy to meet you on site, call me to suggest a time that suits you on 027 632 0421



Graham McIntyre

Disclaimer: Information contained herein is gathered from sources we deem to be reliable however warrant no guarantees as to its accuracy. Interested parties are advised to rely upon their own enquiries and due diligence.

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Home & Garden

The art of tree pruning: What your trees might be missing

Trees are a long-term investment in the beauty, safety, and value of your property-but they don't thrive on neglect. Regular pruning is one of the most effective ways to maintain healthy, attractive, and safe trees. Qualified arborists tailor pruning techniques to suit each tree's species, structure, and surroundings.

1. Canopy thinning

This selective removal of branches reduces wind resistance and lets in more light-great for sun-starved gardens or homes shaded by dense canopies. It also improves air flow, which helps prevent fungal diseases.

2. Crown lifting





Removing lower branches opens up space underneath a tree, improving access, visibility, and clearance over driveways, fences, and footpaths. This is especially useful in residential settings or around rural tracks and vehicles.

3. Formative pruning

Best done while a tree is young, this shapes the structure for long-term health and strength. It prevents

weak forks and crowded growth, reducing future hazards and the need for major corrective work later.

4. Deadwooding

This involves removing dead or dying branches to reduce the risk of falling debris. It also enhances the tree's appearance and limits entry points for pests and decay. Proper pruning enhances curb appeal, improves safety, and extends the life of your trees. However, poorly timed or excessive cuts can do more harm than good. That's why it pays to consult a qualified arborist–someone who understands tree biology, local conditions, and best practices for long-term tree care.

Whether you're managing a lifestyle block, a suburban garden, or a commercial property, proactive tree maintenance can make a lasting difference to both safety and aesthetics. Shaun Hardman - Hardfell Ltd - 0210720739 - hardfell.co.nz

Garden Club

It was another wonderful day out with our fellow gardeners. We travelled to Silverdale Pioneer Village, where we arrived in time for morning tea, Devonshire tea served with damson plum jam, what a treat, made all the more special as we dined in the quaint dining room of bygone years.

Then we stepped aside from the present day to follow a trail through the past, a lovely cottage garden filled with colour, onto the cosy Bushmans Hut, to the well-stocked Post Office. The cow shed, the Wesleyan Chapel. We looked through a charming Victorian home filled with relics from that era. To the school room where we reminisced about those times. We journeyed to Orewa to Dear Coasties Cafe for a scrumptious lunch, a quick look

Feel free to contact: Ann (0210357406)

Whenuapai Floral and Garden Circle June 2025

We are in recess at present, and as I write we are approaching our shortest day. The temperature continues to plummet, so I thought it might be timely to pass on details from Kings Plant Barn winter checklist which recommends the following: It's time to get your winter seedlings in the ground, lettuce, leek, broad beans, and broccoli etc. Protect tender veggies from those pesky slugs and snails. Check to make sure that your veggie beds aren't getting too wet, and, if necessary, improve your drainage to protect seedlings from disease.

For those who may have missed it, I will repeat from last year - We have "spring" flowers out already and their fragrance is quite something, especially when the sun bothers to shine. Paperwhites are a close relative of daffodils and will bloom for a week or two before fading. Once the flowers appear, the blooms will last longer if you move the pot out of direct sunlight to a cool spot with indirect or diffused light. For continuous blooms, plant pots every two weeks in the late autumn and early winter. If growing in the ground, then you can bring cut flowers inside to enjoy their perfume. Or, if you prefer to leave them outside, once the blooms are spent, you can cut the stalks down at the base of the plant and leave the foliage. Maintain your paperwhite greens like you would a houseplant until the foliage dies back, usually around mid-July.

Should you like to know more about our Club, and/or wish to join us, please phone Judy Garrity on 8335592. Meetings are held at 1 p.m. at 41 Waimarie Road, Whenuapai Village, on the second Thursday of the month (Feb-May and Sept-Nov, with Christmas gathering in December) with trips usually on the fourth Thursday. Entry fee is \$4 with another dollar per raffle ticket.

Until next time, keep warm and dry,

Happy Gardening from Mary Anne Clark



Welcome to Fully Wired Electrical Limited



Get in touch for any of your electrical and heat pump needs. Check out our google reviews online, here are a couple of recent ones for you.

Testimonials:

Alisha H:

Corey was recommended in a local community group and after talking to a couple of other electricians I decided to go with him. We found him communicative and friendly, and he followed through when he said he was going to do something. His pricing was competitive and he did a great job with the switchboard upgrade, fan installs, and odd jobs we asked for. Will be using his services again in future.

James F:

Corey was brilliant to deal with. We'd purchased a pool heat-pump and needed some electrical work to wire it up. Corey responded quickly and cancelled some personal plans to install the unit. It wasn't straight forward, but he's a problem solver and quickly identified the solution. He also recommended a few other areas to look at which we were happy to take his advice on.

We'd definitely recommend Corey and will certainly be using Fully Wired Electrical again.

Corev Baker 02102322584

fullywiredelectricalltd@gmail.com



Home & Garden

How to Get a Good Painting Quote



(This Applies to Other Trades Too!)

This time, I'd like to share some tips on how to get a good painting quote. These ideas can also apply to other trades, so feel free to keep them in mind more broadly.

A good quote isn't just about the lowest price. It's about getting competitive pricing for the amount of work and the level of quality involved.

1. Keep your home tidy when asking for a quote.

Whether it's for interior or exterior painting, first impressions matter. If the space is cluttered or messy, the painter might have to factor in extra time for cleaning or navigating a difficult work environment, which can lead to a higher quote.

2. Be clear and specific about what you want done.

The more vague your request, the more room there is for uncertainty. And when there's uncertainty, the contractor may raise the price to cover potential risks or misunderstandings. The clearer you are, the more accurate—and fair—the quote will be.

3. Plan ahead and give some flexibility on timing.

Let's say you want the entire exterior of your house painted. If you ask for a quote during the busy summer season, prices may be higher. But if you reach out during spring or winter and are willing to book ahead with a flexible schedule, you're more likely to get a better deal.

If you have any questions about getting a painting quoteor if you're ready to get started-feel free to get in touch.

Call or text Brad on 021756 890 or email focusonpainting@gmail.com.

You can also check out our work and read reviews from happy customers at facebook.com/focusonpainting.





♣ Brad 021 756 890
➡ focusonpainting@gmail.com
focusonpainting







Home & Garden PROPERTY-HUB.NZ

We do it all - emptying & council inspections Our thorough septic tank cleaning process

When you book a septic tank cleaning with Drain Ninjas, here's what you can expect:

- 1- One of our experienced technicians will arrive with a specialised vacuum truck to safely remove waste.
- 2- We'll identify and expose the septic tank, then open the access lids and inspect the tank's condition.
- 3- Using powerful pumps, we'll remove the liquid and sludge waste from the tank, ensuring a small amount of liquid remains to support healthy bacteria growth.
- 4- We'll check the tank for cracks or damage, ensure inlet and outlet pipes are clear, and clean any filters.
- 5- The waste will be transported and disposed of at an approved treatment facility.
- 6- Finally, we'll provide a detailed report of the cleaning and recommend any necessary repairs or maintenance.

Our thorough process ensures your septic tank continues working at peak performance. After the initial cleaning, we can recommend an optimal service frequency based on your tank usage to keep it in top shape.

Transparent pricing with no hidden fees for septic tank cleaning

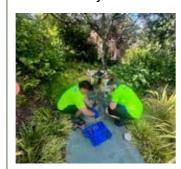
At Drain Ninjas, we believe in full transparency when it comes to our septic tank cleaning services. The price we quote is the price you pay, with no surprise fees or hidden charges.

Our upfront pricing includes:

Full septic tank pump out and cleaning, Tank condition inspection and report for council if requested, Filter cleaning (if applicable), Proper waste disposal at approved treatment facility

We understand that septic tank issues can be stressful enough without worrying about unexpected costs. That's why we make sure our customers know exactly what they're paying for and what's included in our service.

For a septic tank cleaning service you can trust, with prices you can count on, choose Drain Ninjas. Call us on 0800 4 NINJA to schedule your cleaning and experience the Drain Ninjas difference.





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Home & Garden





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Are you ahead of the Healthy Homes Legislation?



We are, should we talk?

Call Graham on 0276 320 421 or email graham@wapm.co.nz



Home & Garden

Building Inspections For Your Home



On-Site Inspections was started by Justin Mackay in 2015 because he saw an opportunity for properly qualified trades people to provide accurate reporting on the condition of Residential properties for both Buyers and

On-Site Inspections provides clients with a speedy and accurate detection and analysis of potential issues using Internet enabling technology, combined with the latest digital devices, moisture detection meters, Thermal Imaging Cameras and the use of Drones in situations where required.

Justin is trade qualified and a Licenced Building Practitioner [LBP] with a Bachelor of Business Studies [BBS] from Massey University. He has had years of experience building and renovating houses all over the

In his spare time he enjoys catching up with friends and tinkering on various projects as well as everything outdoors such as playing football, golf, mountain biking and four wheel driving.

The reality of today's real estate market is that virtually everyone [including lenders] are requiring building inspections, no matter what the age of the property.

On Site Home Inspections provides pre-purchase inspections for buyers and their lenders, so they can be assured they know what they're buying. On Site Home Inspections also provide pre-sale inspections for vendors, specifically designed to identify any potential issues, before you put your home up for sale.

Given that your home is most likely your biggest investment, you need to choose your Building Inspector carefully. All our inspectors at On Site Home Inspections are qualified, licensed building practitioners with years of experience with current building codes and practises.

https://www.onsiteinspections.nz/what-we-do.html

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- "On-Site" Pre-Sale Inspections
- Weather Tightness
- Customised Inspections

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WESTGATE & HENDERSON



Young Learners

Why Sensory Exploration Matters and How to Do It

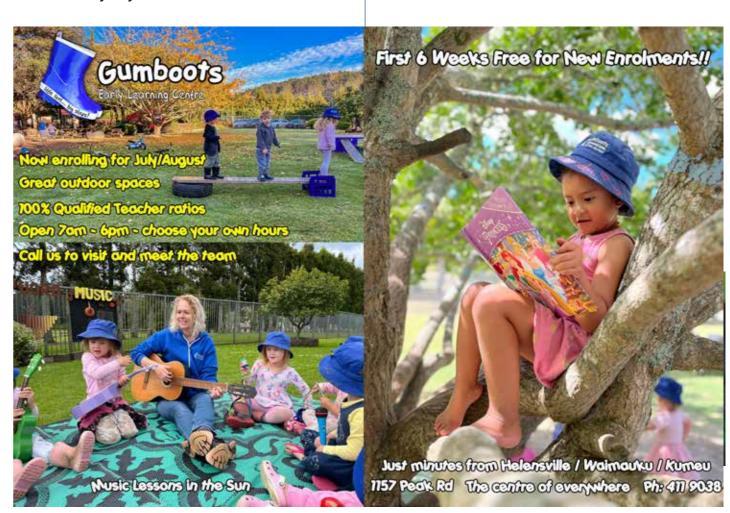
From the moment we're born, we begin trying to make sense of the world. Every experience engages our senses—touch, taste, smell, sight, and sound. Through these interactions, we learn how to survive, connect, and adapt to our surroundings. Because every child grows up in a different environment, the sensory experiences they have—positive or negative—can shape how they see the world and how they respond to it. That's why sensory exploration is so important.

What Is Sensory Play?

Sensory play is any activity that stimulates a child's senses. It's how children learn about textures, temperatures, sounds, colors, smells, and more. This type of play is not only engaging—it's essential. It builds neural connections, supports language development, enhances fine motor skills, and can even support emotional regulation.

The Power of Playdough and Clay

Simple materials like playdough or clay offer rich sensory experiences. Children can squish, roll, stretch, smell—and yes, sometimes taste—what they're working with. While we don't recommend eating it, taste is part of how young children explore. Tools like rolling pins or cookie cutters add to the learning. Kids mimic real-life experiences, like "making cookies like Nana," and they're also refining hand movements, boosting creativity, and developing social and language skills through role play.



Young Learners



Baking: Science, Math, and Smell

Baking is another rich sensory experience. It introduces new smells and tastes, teaches cooperation, and sneaks in early science and math concepts-measuring ingredients, mixing, observing cause and effect. Even the mess and clean-up are part of the learning. And of course, there's a built-in reward at the end: eating the results.



Helping with Sensory Sensitivities

Some children struggle with certain textures, like squishy foods. Messy play-like cornflour and water, finger paint, or water beads-can help reframe those textures in a positive light. When kids can explore a texture in a fun, low-pressure setting, they may become more open to it in other contexts, including food. Progress can be slow, so patience and small steps are key.



The Outdoors: Nature's Sensory Playground

Outside, sensory opportunities are everywhere. Mud between the toes. Crunching leaves underfoot. Watching clouds drift or smelling wildflowers. Nature has a calming effect on both kids and adults. It invites

deep breathing, mindful movement, and imaginative play. A few yoga stretches in the sun or quiet time lying in the grass can activate the senses in a meaningful, grounding way.

Sensory Bags: Safe, Simple, and Creative

Sensory bags are a safe way for little ones to explore new objects and textures. You can stick them to a surface or use them as handheld tools. Just fill a plastic bag with squishy, colorful, or textured items-beads, gel, glitter, small plastic toys, even bits of nature-and seal it with tape. Always supervise young children, especially when small objects are involved, and discard any bags that show signs of wear.

DIY Sensory Bag Supplies:

- A strong plastic bag
- Sellotape or masking tape
- A piece of card to reinforce (optional)
- Fillers: beads, cornflour and water, glitter, plastic animals, petals, etc.

Sensory Bottles: Motion and Sound

Sensory bottles are another easy, engaging option. Fill plastic bottles with:

- Water and oil (watch them separate)
- Water and glitter (for a calming swirl)
- Beads or rice (for sound and movement)
- Soap and water (for bubbles)

Tightly seal the lids (add glue for extra security), and you've got a reusable sensory tool that promotes focus, discovery, and calming.

Walking and wheeling to school



Scott Point School participated in Auckland Transport's Walk & Wheel Challenge throughout May. Students were encouraged to walk, ride bikes, or scoot to school each day for four weeks. Each morning, a group of responsible students stood at each of the gates and recorded how students travelled to school. Our ākonga did an amazing job and persevered even on rainy autumn days.

Every week, spot prizes were awarded to students who participated in the challenge-this created a lot of excitement among the students. Once all the data had been collected at the end of the challenge, larger prizes were awarded for the following categories: Brilliant Biker, Wonderful Walker, Travel Extraordinaire, and Active Ambassador.

Overall, the challenge was a great success; alongside Hobsonville Point Primary School, we made a total of 12,609 trips to school using active transport modes. Scott Point School also saw a significant reduction in the



number of cars dropping students off at school. We are incredibly proud of the work our ākonga put into this challenge, and we hope to see even more students walking and wheeling to school in the future.



Aged care

Magnolia Aged Care Support:

Compassion, companionship, and confidence for life's everyday moments



As our community grows older, many seniors are discovering that what they really need isn't full-time care-it's someone who truly listens, lends a hand, and treats them with dignity. That's exactly what

Magnolia Aged Care Support provides: a kind and reliable presence for older adults who just need a little support, a friendly companion, or a helping hand to stay active, independent, and socially connected.

Whether it's sharing a quiet chat over tea, helping with light housework, heading to the grocery store, or going out for a stroll at the mall, Magnolia is there to ensure no one feels alone.

But Magnolia's care goes beyond the everyday.

Medical appointments can be confusing and overwhelming. Clients often say, "I only heard one or two things the doctor said, and I didn't understand the rest." Magnolia offers a reassuring service—attending GP and specialist appointments to take notes, ask clarifying questions, and explain everything afterward in a clear, easy-to-understand way.

This service gives great peace of mind to families—especially when work or distance prevents them from going themselves. Clients feel supported, and families feel confident their loved one isn't facing health



challenges alone. A companion for life's important events

Founder Maria, a NZ European registered nurse with years of experience in theatre, community, and aged care leadership, also assists clients during life's more emotional or celebratory occasions.

"Many times, I've heard, 'Maria, I want to go to my friend's funeral, but I don't feel strong enough to go alone. Will you come with me?' Of course, I say yes. It's an honour to be there when it matters most."

Maria has also attended many family weddings-not as a guest, but as a trusted carer. "Families want their elderly loved ones at these special events, but they're busy managing the day. I step in to ensure their relative is ready, dressed, transported, and cared for throughout the event-including meal support and toileting if needed-so the family can simply enjoy the day."

Consistent, personalised care that families can rely on

With many clients having children who live overseas or family members who work full-time, Maria steps in as a trusted bridge-providing companionship visits and outings throughout the week. At week's end, she shares a friendly report with family, helping them stay connected and involved.

"It helps reduce carer burnout and gives families peace of mind," Maria says. "I build strong, meaningful relationships with my clients. For many, I become like an extended family member."

With a background as Head of Department in a large retirement village managing over 250 residents, Maria saw first-hand the growing need for more personalised, one-on-one care that truly supports both seniors and their families. That's what inspired her to start Magnolia Aged Care Support.

A friendly face. A helping hand. A listening ear

Magnolia Aged Care Support is not a large corporate provider. It's a local, professional, and deeply personal service that honours the human side of ageing.

If you, or someone in your family, could benefit from gentle, tailored support-whether it's companionship, outings, attending appointments or life's special events—Maria and Magnolia are here to help.

Contact Magnolia Aged Care Support today-because growing older should never mean doing it alone.

Magnolia Aged Care Support 022 409 6779 Magnoliaagedcare.co.nz

Craigweil House Announces Easter Draw Winner

Craigweil House Home and Hospital has announced the winner of its Easter draw for family passes to Parakai Springs. The lucky recipients are the family of Bob Nutsford, who recently joined the Craigweil community as a new resident.

The draw was open to families of residents who moved in during the month of April, as part of a special welcome initiative. The Nutsford family will enjoy a day out at Parakai Springs, a popular local attraction known for its naturally heated thermal pools, thrilling hydroslides, and scenic picnic spots suitable for visitors of all ages.

Craigweil House continues to extend a warm welcome to all new residents and their families. The team remains committed to providing high-quality care in a supportive and inclusive environment.

For those considering rest home, hospital, or dementia care for themselves or a loved one, Craigweil House encourages visits from the community. While in the neighbourhood, guests are also invited to take time to explore Parakai Springs, a treasured spot just minutes away.









Aged Care

Kumeu Village: A season of celebration and connection



June was a wonderfully full month here at Kumeu Village Aged Care – filled with laughter, celebration, and heartfelt moments. As the chilly weather settled in, our home was anything but

quiet.

We kicked off the season with our much-anticipated Mid-Winter Christmas event – a day bursting with festive cheer, beautiful food, joyful music, and magical moments shared between residents, staff, and families. It was a celebration to remember.

Next, we turned our hearts to Matariki, a time for remembrance, reflection, and renewal. And coming up on July 9th, we're proud to honour the generous individuals who give so much to our home on Volunteer Appreciation Day. To our incredible volunteers — thank you. Your time, energy, and kindness mean the world.

While July doesn't feature one large event, it's packed with daily activities that keep spirits high and our residents connected:

- Music sessions three times a week
- Happy Hour Fridays

- High Tea Sundays
- Singalong Tuesdays
- RINGO
- Church Service every third Thursday
- Cardio Drumming a resident favourite, guaranteed to get the room smiling and the whole place vibing

There's always something happening behind the hedges at Kumeu Village – just 50 metres down Old Railway Road, behind the big sign on State Highway 16. We'd love to welcome you in for a visit. Whether you're considering care for yourself or a loved one, or simply curious about what makes our home so special, come say hello.

With aroha, The Kumeu Village Family

507 State Highway 16, Kumeu – Entry 50m along Old Railway Road

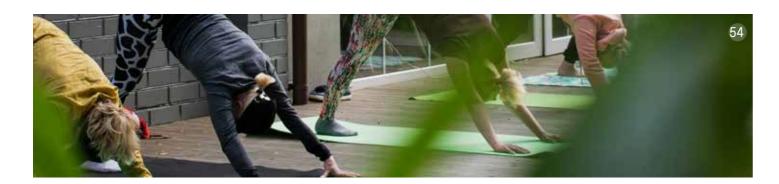
Phone: 09 412 9112 | Website: kumeuvillage.co.nz

"Resident First - raising the standard of aged care." winter magic,









Health & Beauty

Four simple tips for reducing knee pain

Knee pain is one of the most common complaints we see at our clinic, affecting people of all ages. Whether it's from injury, overuse, poor alignment or arthritis, there are practical steps you can take to help reduce knee pain in daily life.

1. Choose supportive footwear

Wearing unsupportive shoes can alter your gait, tighten your calves, and lead to added strain on your knees. Choosing proper footwear can make a big difference. At our sister clinic, Hobsonville Physiotherapy, we work closely with Hobsonville Podiatry, located within our clinic, to assess foot posture and recommend suitable shoes. A professional assessment may help you avoid unnecessary knee pain.

2. Adjust your sleeping position

Your knees may not get much rest if you sleep in a position that strains them. Side sleeping with bent knees can stress the outer thigh and knee joint. Try straightening your knees slightly, or place a pillow between them for support. If you sleep on your back, a pillow under your knees can help relieve pressure.

3. Don't stop moving

When pain strikes, resting may seem like the safest course. However, our joints thrive on gentle, regular movement. If running causes discomfort, consider lowimpact alternatives such as swimming or cycling. Avoid sitting for long stretches; stretch your legs out and resist the urge to cross them, as this can increase pressure



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- physio@riverheadphysio.co.nz
- www.riverheadphysio.co.nz



around the kneecap.

4. Seek early physiotherapy support

It's tempting to brush off a minor niggle, but small problems can grow into bigger ones if left untreated. Seeking help early can expedite recovery, alleviate pain, and prevent future issues. Our team of physiotherapists are always happy to offer advice and tailored treatment

If you're struggling with knee pain, contact Riverhead or Hobsonville Physiotherapy & Pilates today.

Riverhead Phone: 0273136036

Email: physio@riverheadphysio.co.nz

Hobsonville Phone: 09 416 4455

Email: physio@hobsonvillephysio.co.nz





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- 124 Hobsonville Road (by Woolworths)
- physio@hobsonvillephysio.co.nz
- www.hobsonvillephysio.co.nz



Dr. Cherie- Why winter is the best time for laser treatments



As we move into the cooler months, many of us are beginning to think about how we can rejuvenate and refresh our skin in time for the warmer weather. If you're considering laser treatments, winter is the perfect time to start.

Avoiding sun exposure

Laser treatments, such as hair removal. skin rejuvenation, and tattoo removal, all require a period of healing where it's important to avoid sun exposure. In the summer,

this can be challenging, especially if you love the outdoors. Winter offers a perfect opportunity to undergo treatments without the worry of sunburn or pigmentation changes from sun exposure. The cooler months allow your skin the chance to heal properly, ensuring optimal results.

Laser hair removal

Winter is the ideal time for laser hair removal because you're likely to be covering up with more clothing. This means you can avoid any accidental sun exposure on treated areas. Plus, as laser hair removal requires multiple sessions spaced about 6 weeks apart. Starting your treatments in winter ensures you'll be all set by spring and summer.

Skin rejuvenation and treatments

Winter's lower humidity and cooler temperatures often cause skin to become drier or dull. Laser treatments such as IPL (a type of broad band light) or laser carbon facials can stimulate collagen production and give your skin a healthy glow. These treatments are great for targeting sun damage, fine lines, pigmentation, and acne scars, helping to rejuvenate your complexion in time for

RESTORF

SKIN AND MEDICAL

the summer months.

Tattoo removal

If you've been thinking about removing or lightening a tattoo, winter is a great time to start. Tattoo removal requires multiple treatments and time for healing in between. Starting in winter gives your skin time to recover without the additional concern of sun exposure, ensuring more effective results with fewer risks.

Current specials

To celebrate the expansion of our team- our fantastic new and experienced laser Technician is offering 25% off all laser package treatments this month. Get in quick to make the most of this incredible deal- limited spots are available.

Book your laser treatment today

Visit our website at www.restorecosmed.co.nz where you can read more about our laser treatments and book one in for yourself



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Health & Beauty

Ask Dr. Heather

Does Botox get rid of all wrinkles? Anon, Whenuapai



Botox® is a clever tool used to paralyse muscles, so can be tactfully injected to stop skin from creasing. A common source of confusion however, is the extent to which Botox® can

treat wrinkles

Two different types of wrinkles exist - dynamic and static. Dynamic lines are present when muscles are contracting during facial expression, so respond very well to Botox®. Static lines however are caused by repetitive contractions over time in conjunction with ageing, where skin and fat become thinner. The smoothing effect of these tissues is therefore diminished, leaving behind lines that stay there even after Botox® treatment. This can seem disheartening, however with repeated Botox® treatments, good skincare, injectable skin treatments and sun protection, pesky static lines can eventually fade.

Botox® also indirectly stimulates skin cells (fibroblasts), leading to improved skin quality and a fresher appearance, regardless of how many static or dynamic lines are present. Facial expressions associated with negative emotions such as frowning are also minimised, leading to a lighter, positive demeanour. This in turn causes rewiring of our brains, triggering us to feel happier, and as we subconsciously mirror each other's expressions, people around us feel happier too.

The beauty of cosmetic treatments such as Botox® lies within its diversity and depth of action. Not only does it act on muscles, it also acts on our brains, in the most wonderfully positive way. In addition to its ability to stimulate skin cells, it is the perfect treatment for that refreshed glow we are all looking for.

Dr. Heather Anderson is a Cosmetic Medicine and Emergency Doctor who practises in her own clinic at ALLOR Cosmetic Medicine in Whenuapai. If you have a question for Dr. Heather you would like answered anonymously, please email askdrheather@allor.co.nz



The importance of a consultation prior to a hair appointment at Zash Hair

At Zash Hair, we believe that a thorough consultation is the foundation of every great hair transformation. That's why we offer free consultations to all our clients before any appointment. This essential step allows our experienced stylists to fully understand your individual hair goals, lifestyle, and concerns.

Whether you're looking for a bold colour change, a new cut, or a complete restyle, a consultation ensures we tailor the service to suit your hair type, face shape, and personal preferences. It's also the perfect time to discuss your hair history, identify any challenges such as damage or sensitivity, and determine the best techniques and products for your desired outcome.

During your consultation, we assess the current condition of your hair, talk through inspiration photos, and offer professional advice to help you make informed decisions. We also provide a transparent breakdown of the expected time and cost involved, so there are no surprises on the day of your appointment.

By taking the time to understand your needs and set realistic expectations, we build trust and ensure you're completely comfortable before any work begins. It's just one of the ways Zash Hair delivers a personalised, highquality salon experience.

Book your free consultation today and let us help you take the first step toward your perfect look-with confidence, clarity, and expert care, call Zash Hair 021814663





Area Columnists

Learning support boost huge for local school

By Cameron Brewer - MP for Upper Harbour



Most of our local schools in Upper Harbour have been crying out for more learning support, greater access to professionals, and more teacher aides.

Thanks to Budget 2025, our Government is now delivering the most

significant investment in learning support in a generation.

This includes substantial annual increases to teacher aide hours, Learning Support Co-ordinators for all schools with Year 1-8 students, expanding early intervention services, and an historic overhaul of the Ongoing Resourcing Scheme (ORS). The well-received changes to the ORS funding model will ensure that all demand is met with guaranteed funding. All ORS students with high and complex needs will finally receive the support they need.

"Parents across the country should know - if your child needs extra help, they're going to get it," declared Minister of Education Hon Erica Stanford on Budget Day.

Locally, the Minister recently turned the sod on a brandnew primary school for over 600 kids off Fred Taylor Drive, near Westgate. She also announced a much-needed additional block of 10 classrooms for Scott Point School. Both local investments are due to be open for Term 1 2027. Upper Harbour is very fortunate to have a great team of local school principals. As pictured here, almost all of them met with Minister Stanford at my Hobsonville electorate office recently for one of our regular Principals' Forums.

As your local MP in government, I will continue to advocate for education improvements and investment here in the North-west. I will also continue to invite the Minister of Education to visit and see and hear first-hand the ongoing need in our fast-growing communities.

The future success of our country relies on delivering a world-class education system today. Our Government is absolutely committed to lifting standards, attendance, achievement, and investment.





Area Columnists Thewesterly.co.nz

Your second-hand school uniform shop

- developed in Kumeu

Back in 2014 Robyn Dean and other parents were running the school second-hand uniform shop at Riverhead school and thought there must be a better way to do it. At the time the process of gathering second-hand uniforms for sale, assessing them, recording the owners, running sales events and recording the payments was very laborious. It was a great volunteer-run service to parents, but it really didn't help the school.

Robyn thought there must be a better way, so over the years running the shop at Riverhead and then at Westlake Boys on the North Shore, she developed a system that became known as Hand Me Round.

Hand Me Round (HMR) is a combination of software and process that manages the whole cycle of selling second-hand school uniforms – from recording items for sale through to running events and making payments directly into the seller's bank accounts. Since HMR was developed by local parents intimately involved with second-hand school uniform shops, it is uniquely designed to suit New Zealand schools.

There are a whole lot of benefits to using HMR:

- It makes running a second-hand school uniform shop easy for volunteers. We all know how hard it is to get people to help out at school, so if you can make it easy for volunteers, you're more likely to get them involved. And since they are using a proven system to manage the money and stock, it provides a much greater level of trust for all involved
- HMR gets a fair price for sellers and buyers and returns a good amount of revenue to the school. For large schools like Westlake Boys, Westlake Girls, and Rangitoto, HMR contributes the majority of the PTA revenue.
- The unique way HMR works means that students purchase the second-hand uniform items at school. This means they should always buy the correct size, but importantly, it means parents are not spending their time on wild goose chases around the district buying uniform items via. Trademe or Facebook. It also means that the school is directly benefiting from the sale and not international corporations.

In June, Robyn represented Hand Me Round at the Secondary Principals Association (SPANZ) PA/EA Conference in Wellington, to spread the word about how to run a school second-hand clothing store that is great for the community, the school and the environment.

If your kids attend one of the three North Shore schools mentioned above, take a look at the second-hand uniform page on their school website and see how effortless the process is. If your school has a uniform but no good way to manage the second-hand sales, then contact Robyn at robyn@handmeround.co.nz or take a look at the HMR website: www.handmeround.co.nz.

Mitre10 MEGA

Heat Your Home This Winter – With Mitre 10 MEGA Westgate & Henderson

Winter is here-and there's no need to feel the chill indoors. At Mitre 10 MEGA Westgate & Henderson, we're here to help you heat your home smarter, not harder. Whether you're warming the whole house or just the coldest corners, we've got the products and advice to get you through the season comfortably.

Step 1: Seal it Before You Heat it

Stop heat from escaping with simple fixes like weather seal tape, door brushes, and window insulation kits. Blocking draughts is one of the easiest ways to boost efficiency and cut down on energy costs.

Step 2: Heat Smart, Not Hard

Choose the right heater for your space. Oil column heaters are great for steady warmth, while fan or convection heaters warm small rooms quickly. For all-day comfort, eco panel heaters are an energy-efficient solution. Look for models with thermostats and timers to keep heat under control.

Step 3: Heat Where You Need It

No need to heat the whole house. Use portable heaters, infrared heaters for garages or workshops, and electric blankets or hot water bottles to stay warm where it matters most.

Step 4: Make the Most of Your Fireplace

Get your fireplace winter-ready with firewood racks, kindling, fire starters, and chimney cleaning kits. Add a heat-powered fan to circulate warmth efficiently.

Step 5: Don't Forget the Extras

Tackle damp and cold spots with dehumidifiers, moisture absorbers, and rugs or mats for added comfort.

Your Winter Warm-Up Starts Here

No matter the forecast, Mitre 10 MEGA Westgate & Henderson has you covered. Visit us in-store and let our friendly team help you heat your home the smart way.

Mitre 10 MEGA Westgate & Henderson - With you all the way.



Area Columnists

Westgate Medical

Westgate Medical Centre is a large General & Urgent Care Clinic, situated in West Auckland providing health outcomes for our rapidly expanding and diverse community. Westgate has been established for over 20 years with a recently refurbished clinic that hosts state of the art equipment. Our highly skilled team are committed to providing quality, innovative and accessible healthcare to individuals and families.

Our History

Westgate Medical Centre opened on 12th May 1999 in the new Westgate Power Centre in Massey, West Auckland, by Doctors Richard & Ellen Selkon, as a joint venture with the Te Whanau O Waipareira Trust, and The Doctors Systems Ltd. Ten permanent doctors work in the centre offering a service available 8am-8pm, 7 days a week, including public holidays. We aim to offer a service of exceptional quality at affordable rates.

PHOS

All GP practices and medical centres have joined Primary Health Organisations (PHOs), the government's latest model for providing primary health care to New Zealand communities. What are PHOs, and what does this mean for you?

They are local groups of primary health care providers responsible for organising and delivering primary health care to meet the needs of those enrolled with them. The government has put a lot of additional money into primary health care through this process. They get a set amount of funding from the government to subsidise a range of health services.



Westgate Medical Centre is a member of Total Health PHO. It is important to realise that in order to enrol in a PHO you need to be eligible for publicly funded heath care in New Zealand and will need to provide evidence of this such as a New Zealand Passport, New Zealand Birth Certificate or any Passport containing a valid Permanent Residency Visa which is valid for more than two consecutive years. Further information can be obtained here from the Ministry of Health.

They will give their communities, iwi, and enrolled people the opportunity to have a say about the services the PHO provides.

Hours-

Everyday - 8am - 8pm

GP Bookings- (Mon-Fri) 9am - 4.45pm

Public Holidays - 8am - 8pm

Urgent Care and After Hours - No Appointment Needed



Waitakere Forest and Bird talk: Thursday 17th July 7:30pm

Philip Summerhays -Variation between & within populations of Zephlebia mayflies



Philip Summerhays, Research Associate Auckland Museum, will not just be talking about mayflies, he will also bring along some mayflies he has been breeding, nymphs in a bucket and adults in a container.

There are currently eight described species for the genus Zephlebia in the Leptophlebiidae family of New Zealand mayflies. Collection of nymphs and rearing to adults from streams in West Auckland and Waikato has produced evidence of a new species. Previously undescribed variation for some existing Zephlebia species have also been found. These findings will be presented along with the current investigations into the possible causes of the variation.

Venue: Ranui Community Centre 474 Swanson Rd, Ranui. Non-members welcome, join us for supper to chat with like minded people, free but koha appreciated to cover hall hire. For further information ph Liz 0274 762732 lizanstey@hotmail.com.

Area Columnists THEWESTERLY.CO.N7

Waitakere Grey Power

We held our Annual General Meeting on Friday 27th June at the Te Atatu South Community Centre. We had Chris Carter, Chair Henderson Massey Local Board and Will Flavell, Deputy Chair and MPs Phil Twyford and Deborah Russell in attendance as well as Kerrin Leoni, mayoral candidate for Auckland Council. Further details in the August Westerly. A reminder to all members and friends that you can still apply for your rates rebate, which will increase from \$790 to \$805 in 2026/26 closing date 30th June. A shock to all electricity consumers that from July 1st 2025 the Vector lines charge will increase from \$0.90 a day to \$1.50 a day and the price per kilowatt increases from 24.37 cents to 26.55 cents, an increase of \$3.40 a month equivalent to a 24% power price increase.

If you have problems paying, please contact the Seniors line at WINZ in Waitakere MSD Office. Also from 1st July 2025 Auckland Council Rates will increase by 5.8%, and Watercare Services increase by 7%. We are most concerned about the pending electricity price increases from all four main retailers and have written to the Minister for Energy, Simon Watts, recently. The Grey Power Federation Board is in talks with the Minister advocating on your behalf. John Winter and Mate Marinovich were Waitakere Grey Power Association delegates at the Grey Power Federation Annual General Meeting from 17th to 19th June at the Brentwood Hotel in Kilbernie, Wellington.

If you have any enquiries or wish to become a member of Waitakere Grey Power Association please contact our Office located in the Te Atatu South Community Centre, 247 Edmonton Rd, Te Atatu South on Monday to Friday 9.00 am to 12.00 pm. Written by Mate Marinovich, President Waitakere Grey Power Association, Office

Hobsonville Newcomers Evening + **Community Update**





On Friday 1 August from 7pm to 9pm at the Sunderland Cinema Lounge, Hobsonville, Road, all newcomers to Hobsonville + any residents interested in an update on what's happening in our local Hobsonville are invited to join us in a free evening of tasty nibbles.

refreshments, good conversation and updates from local community representatives. This is always an awesome night however spaces are strictly limited. Free tickets are available at neighbourhoods.nz/newcomers.

Hats off to NZ distance grandparents

Distance Grandparents often fly under the radar-rarely tracked in census data. One rare statistic comes from a 2010 New Zealand government report, Changing. by Anne Kerslake Hendricks of the Families Commission. She found that 23% of surveyed grandparents had grandchildren living overseas-a strikingly high figure. All Distance Grandparent experiences matter, but those in New Zealand face five unique barriers rarely encountered collectively elsewhere:

- 1. Geographic isolation New Zealand's remote location amplifies feelings of separation. As former Prime Minister Sir John Key once said, it's "the last bus stop on the
- 2. Exclusive time zone. New Zealand sits almost alone in its time zone, complicating communication with family abroad. Only a few other places-like India and Alaskashare this challenge.
- 3. Hemisphere differences. Southern and Northern Hemisphere seasons and school calendars are out of sync, making it difficult to coordinate travel, especially with school-age grandchildren.
- 4. Daylight saving disruptions. Twice-yearly time changes cause ongoing scheduling confusion-flipping routines and creating uncertainty during transitional weeks.

5. International date line. New Zealand's position near the date line means it's often a full day ahead of countries in the Americas, further narrowing shared daylight hours. Few Grandparents worldwide face all five challenges. If you're a Distance Grandparent, take a moment to recognise the extraordinary challenges you quietly navigate-and the strength it takes to stay connected across oceans, time zones, and seasons. Helen Ellis is a Hobsonville Point researcher, anthropologist and veteran of Distance Parenting & Grandparenting. Helen is the Founder of DistanceFamilies.com and author of 'Being a Distance Grandparent' and 'Being a Distance Son or Daughter', part of a three-part intergenerational book series highlighting the 'how it is' and 'how to' of Distance Families. She will publish 'Being a Distance Grandchild' in early 20

Celebrating Local Writers & The Arts

Saturday 2nd August, 9.30am-12.00noon Herald Island Fire Station, 57 Ferry Parade, Herald Island.

Mini Market Morning - Books and crafts for sale.

Local published authors, Indie writers, Herald Island Book Club, Inspiring Writers Group, Wednesday Craft, Children's story time, Zine making demonstration, Christmas Cake and morning tea. Offering some mid-winter cheer - All Welcome!

Area Columnists

Nurturing Minds, **Empowering Growth**



At Restorying Journey, we believe that every individual deserves the opportunity to understand themselves better and reach their full potential. Whether you're a parent seeking support for your child, a student navigating learning challenges, or an adult looking for clarity and guidance, we're here to help.

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Educational & Cognitive Assessments Gain valuable insights into learning styles, cognitive strengths, giftedness and areas that may need support. These assessments are ideal for identifying learning difficulties, such as dyslexia, processing challenges. If a full comprehensive assessment is not needed, we offer a cognitive and educational assessment package with selected components tailored to meet the individual needs of each child.

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Life can be complex, and emotional wellbeing is key to thriving. We offer compassionate, evidence-based counselling to support:

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- · Families navigating transitions, conflict, or parenting
- · Adults facing stress, burnout, grief, or personal growth

Why Choose Us?

Our team of registered psychologists and counsellors are experienced, empathetic, and committed to creating a safe, inclusive space for all. We work collaboratively with schools, families, and individuals to ensure holistic, practical support.

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Book Online: www.restoryingjourney.org.nz

Email: hello@restoryingnourney.org.nz.

Kia Ora - Scott Point

It's been great to see even more of Te Kori Scott Point opening up recently. If you haven't been yet, it's well worth a visit. The park is already adding great amenity to the area, and it will only get better as it matures, and the trees grow. Stage One is nearly complete, with future stagesincluding hard courts, a playground and natural areasstill waiting on funding. The sand-carpeted sports fields are currently fenced off while the grass establishes and lighting is installed (which will be this October), but in the meantime please enjoy the open spaces, the informal sports fields, the walking paths, drinking fountains and car parking.

Personally, I'm disappointed there's currently no budget allocated for Stages Two and Three. I also think there's room for more skate or pump track options for youth - but we will need to investigate this. The Local Board has funded Auckland Transport to upgrade the speed bump on Clark Road into a proper pedestrian crossing. It's taken a lot longer than hoped, but it's scheduled to happen later this year.

We've also had strong community interest in the future of the Wasp Hangar, with over 80 submissions during the Annual Budget consultation. The Local Board has been pushing for clarity for years, as Eke Panuku was directed by the Governing Body to sell it. Once we know the current status, we can explore whether there's any possibility to turn it into the indoor sports facility we had planned. We are working on it. Our waterways are so precious. Last year, we funded an Industrial Pollution Prevention Programme in Hobsonville, checking in with local businesses to reduce pollution entering the waterways. Fortunately, there weren't many issues, so the programme will now move to other areas of Upper Harbour. If you're passionate about our local area, now's a great time to consider standing for election to the Upper Harbour Local Board. I'm always happy to chat if

Area Columnists Thewesterly.co.nz

you're interested. These are my personal views-please feel free to get in touch with any thoughts or questions.

Anna Atkinson, Chair, Upper Harbour Local Board

anna.atkinson@aucklandcouncil.govt.nz

Experience inner peace and mindfulness at Nissarana Vihara, Henderson



Established in September 2024. Vihara Nissarana offers Auckland peaceful sanctuary those seeking mindfulness meditation. Located at 12 Bittern Place. Henderson, the Centre

welcomes everyone, regardless of background or beliefs, to explore the benefits of mindfulness. Our FREE programmes support people from all walks of life in cultivating calm, clarity, and emotional well-being. Whether you're looking to reduce stress or deepen your meditation practice, Nissarana Vihara provides a welcoming space for growth and reflection.

Weekly meditation sessions:

Fridays: 6:30 PM - 8:30 PM

Saturdays: 1:30 PM - 6:30 PM (except the third Saturday of each month)

These sessions are suitable for beginners and experienced meditators alike, offering a supportive environment to practise mindfulness.

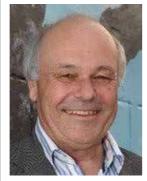
Monthly mindfulness programme for children. At Nissarana Vihara, we understand the importance of introducing mindfulness to younger generations. Our monthly Mindfulness Programme for Children takes place on the third Saturday of every month from 9:30 AM to 11:30 AM. This programme helps children build emotional resilience, inner peace, and mindfulness skills that will support them throughout their lives.

Mindfulness is a powerful tool for children, teaching them how to manage their emotions, increase focus, and cultivate a sense of calm. The programme provides a fun and engaging way for kids to develop these valuable life skills.

Tailored programmes on request: We also offer customised mindfulness programmes for workplaces, schools, and community groups. Join us to experience the peace and balance that mindfulness can bring to your life.

For more information, please contact: Nissarana Vihara Auckland: (09) 2424 334 or Wasantha: 020 470 4707

Our Health and Safety columnist to stand for the Local Board and Trust



The Westerly Health and Safety columnist, John Riddell is set to stand for the Henderson Massey Local Board and the Lincoln Ward of the Waitakere Licensing Trust.

I am a former Chair of the Massey Community Board. Before the 2010 Local Government reforms, the Massey Community Board covered Massey, Ranui, West Harbour, Hobsonville, and Whenuapai.

Sadly, I believe the reforms have not done well for the Local Boards. In hindsight, Massey, Ranui, West Harbour, Hobsonville, and Whenuapai should have remained together with Ranui. We now have a situation where Massey, Whenuapai, and Hobsonville lack representation on a local board. In the case of Henderson and Massey, the local board bears the name of Massey.

Hobsonville needs representation on the Upper Harbour Local Board.

Mr Riddell believes the Henderson Massey Local Board is far too large and lends itself to party politics rather than allowing local people to have a say in the development of their local area.

I am standing to bring back local decision-making. I want to fix local Government and provide local solutions for local people around our roads, our rubbish, and our parks. I will also provide sound financial management in support and be critical of the Council where and when necessary.

John Riddell

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Area Columnists

Local runner selected for New Zealand national team



Hobsonville local and long-distance runner Brendan Dean has achieved a major milestone, earning a place on the New Zealand national ultra-marathon team to compete at the 2025 IAU 24-Hour World Championships in Albi, France this October. Brendan recently ran an incredible 195.52km in 24 hours at the national championships in Auckland, securing his spot among the country's top endurance athletes. A familiar face in the local running community, Brendan is a committed member of the Early Bird Run Crew (EBRC), often seen pounding the pavement around Hobsonville and beyond in the early hours of the morning.

Help Brendan get to France

NZ Athletics don't provide any funding for the event, so the EBRC have decided that the money raised from their annual quiz night will go towards helping Brendan get to the start line in France. The quiz is at Hobsonville RSA on Thursday, 17 July at 7:00pm – everyone is welcome for a night of trivia and community spirit, all to help Brendan pull on the iconic black vest and represent New Zealand on the world stage. Entry is \$5 per person (max 6 per team), plus there's meat and cash raffles that are \$2 each per entry and the RSA's quiz nights are always good fun

Your business can help

The EBRC is doing an extra raffle for the night, with prizes from local businesses including New World Hobsonville, Noel Leeming Westgate and Neat Feat. If your local business would like to help by donating a prize, please contact hello@earlybirdrun.org.

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Bendon Outlet The Clearout Sale!

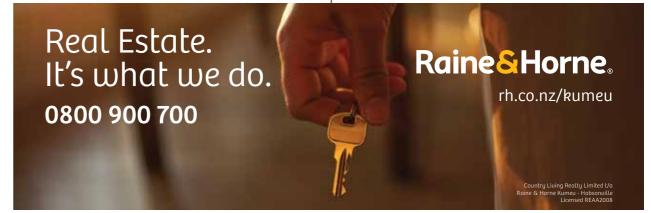
Don't miss Bendon Outlet's Clearance Sale. Bras from just \$10! Pop into Bendon Outlet in Westgate Shopping Centre and grab the best deals while stocks last.

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Be-attitudes and be-actions?

Discoverers Informal Church Baffin Lounge headquarters Building Sunday 20 July 3.30pm. Luke's Gospel describes various blessings such as: Being poor; Being hungry; Being saddened by grief; Being hated and persecuted

These are known as beatitudes. These "beatitudes" are the opposite of the "blessings" of success in our consumer society. Not exactly #blessed material! On 20 July Discoverers will be looking at the be-attitudes and the be-actions. Are they realistic and relevant in today's world? What would a modern list look like? What attitudes and actions do they call for? Discoverers Informal Church meets monthly in the Baffin lounge, 214 Buckley Avenue Hobsonville Point from 3-30pm to 4-30pm. All are welcome. For further details Richard Small, Email Richardsm@methodist.org.nz or phone 021 385-748.





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